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# TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

ALBANY-EL CERRITO, CALIFORNIA, WEDNESDAY, NOVEMBER 10, 1982

★ NO 87

## ELECTION '82 / How we voted

### Albany, E.C. buck trends

By JUDY POLUMBAUM

Albany and El Cerrito voters had their way, Tom Bradley would be the next chief executive of California and Jerry Brown would be going to Capitol Hill.

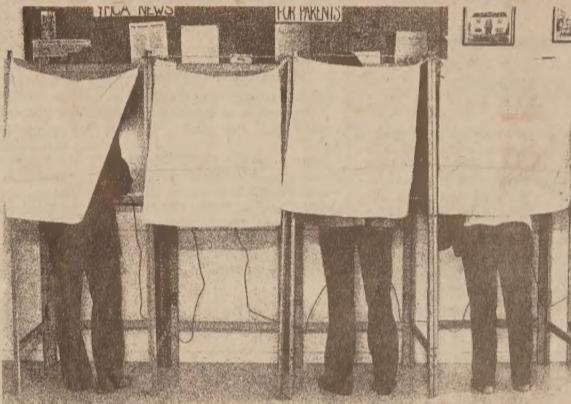
Bucking the statewide trend which handed victories last week to Republicans George Deukmejian in the governor's race and Pete Wilson in the U.S. Senate contest, Albany and El Cerrito chose in favor of the Democratic candidates by wide margins.

Alameda County as a whole favored the Democratic candidates for governor and U.S. Senate, though Contra Costa County picked the winning Republicans.

Voter turnout was about 76 percent in El Cerrito, with 11,288 of the 14,763 registered voters going to the polls, while in Albany turnout was about 73 percent, with 6,010 of the 9,010 on the rolls casting ballots.

Local voters favored Bradley over Deukmejian 4,026 to 2,158 in Albany and 6,112 to 4,704 in El Cerrito, and over Wilson 4,141 to 2,026 and 6,120 to 4,545 respectively, according to figures from the Alameda and Contra Costa county registrar's offices. Third-party can-

(Continued on Page 2)



### Kensington: long wait to vote

It was the  
same all over

By JUDY POLUMBAUM

ENSINGTOM — Residents upset by backlog at Kensington polls on election day may some consolation in the fact that the company all over Contra Costa County,

in a straight numbers game," Alameda County Registrar Lon

wood, who has taken hundreds of phone calls from irate citizens along waits to vote Nov. 2.

the county Board of Supervisors the registrar's budget by about \$100 for this fiscal year, and the cut in turn cut the number of places, consolidating nearly countywide into about 600, he explained.

At top of that was the extra-long and many voters took more than the prescribed five minutes to fill in, he added.

the voters who found long at the polls last week were those to the Kensington Youth

there was hardly a respite all day, waits of up to an hour and a half, according to poll inspector Pat

7:30 I knew we were in trouble and we only opened at 7," she

people in her precinct were because they at least could wait, she added.

and she said poll workers allowed people — including some with babies and others who had to

get to work — to jump the line after consulting with others who were waiting.

Banks said she understands the financial strictures facing the county and does not blame the registrar for the tie-ups. "I have nothing but praise for the people who run the election from Martinez," she said.

Some voters were angered by the long line, however. Iva Jones, who said she arrived at the Youth Hut about 7 p.m. and didn't vote until 8:40, was still "mad as a hornet" three days later.

She suggested that in the future, more people may decide to vote by absentee ballot, which would cause more trouble and expense to the county.

Banks said about 650 people were on the roster to vote at the Youth Hut, about twice the number assigned to that site in previous elections; and turnout was high, about 77 percent.

"Not everyone cared about the same parts of the ballot, but an awful lot of people cared about something," she commented.

Despite the increased load, there were still only four voting booths, the same as in prior elections.

Underwood explained that the booths come in units of four and the Registrar didn't have enough extra units to distribute them equitably to all precincts the county.

"Do I give them to the pure white neighborhoods? Do I give them to the poor black neighborhoods? How do you decide?" he said. "You have to treat the voters equally."

He emphasized that he does not

(Continued on Page 2)



The 'Hein Little People' prepares for the 'Follies': From left are Bonny Minoggio, Hari Bonkis, Pieter Snapper and Debbie Hein

### Hey kids, let's put on a show!

ALBANY — Albany High School's choral music department will hold its annual fund-raising musical revue, the "Cougars Follies," on Thursday and Friday, Nov. 18-19, at 8 p.m. in the school's Little Theater.

"It's really the annual school talent show," said choral music director Phil Rolnick. "It's mostly comedy and music and it's a tradition. We've been doing it for about the last 10 years."

Choir students will be selling tickets at \$3 each, as will the main office of the school (525-7131). Tickets also will be available at the door. Last year, Rolnick said the event raised about \$750, which was enough to pay for most of the choir's expenses.

Auditions for the follies began Monday and the offi-

cers of the choir acted as the audition committee.

Choir officers include president Shayne Rainbolt, vice president-treasurer Don August, and secretary Bev Olson. David McGaw handles publicity.

The ensemble singers also participate in the event and their officers are Vitt Laorovit and Judy Mashall.

Teacher Ed Hill will be master of ceremonies. Performers will include Janeen Rydman, who will do a solo and provide a sound system. Cassie Henry does a comedy act and helped write the script for the Follies.

Rolnick said that during the school year his department has about 50 students and during the spring semester, when the school puts on its annual musical, more than 100 students participate.



## Hard times hit city funds

### Albany robs Peter, pays Paul

By JUDY POLUMBAUM

ALBANY — What used to be abstract discussions about impending financial difficulties are starting to emerge as hard figures on the city's balance sheet. Administrative Officer William Haden said Monday.

As of Oct. 31, Albany had \$111,000 less in its treasury than it did at the same time last year, Haden pointed out at the weekly City Council meeting.

He said this was a result of economic hard times and lack of state bail-out funds for this fiscal year. Another factor was outlays for the bicycle path (next to the BART tracks) which have not yet been reimbursed by the state.

At Haden's recommendation, the City Council Monday stepped up transfers from several city revenue

accounts, such as the gas tax fund, to the general fund, which was in the red.

The action is merely an accounting measure and does not affect the total amount in the city coffers — in essence, the revenue-producing accounts are "paying back" the general fund which sends out the checks to cover expenses.

The city typically makes these transfers in January and June each year. What is different this time is that the action came early. In addition, Haden recommended increasing the frequency of the transfers, citing the city's fiscal constraints.

"It would be much better," he acknowledged, "if the city were operating in a situation where its general fund didn't always have to fall back on its gas fund." But he indicated that such circumstances would be hard to find anywhere nowadays.

The transfers approved by the council Monday included \$138,838 for expenditures related to street maintenance during July-October and \$85,480 for outlays on the bicycle path — \$35,480 of which has already been spent and \$50,000 which will be spent on signalization of the Masonic-Marin intersection sometime this month.

The financial report ending Oct. 31 shows the general fund with a negative balance of \$183,742 — \$55,742 more than at the same time last year, according to Haden. The transfers

(Continued on Page 2)

## E.C.: fight your own tree battles

By GORDON RADDE

EL CERRITO — The city can no longer afford to referee neighborhood squabbles over view-obstructing trees, the City Council said, giving notice to residents that in the future they'll be on their own in such disputes.

Acting before a near-overflow audience Monday, the council suspended the city's tree ordinance for a year and authorized a substitute ordinance that will allow limited control of the problem.

The new ordinance, to be read publicly next Monday, eliminates city mediation and enforcement of tree disputes. Under the new proposal, the tree commission would be the last resort for city assistance to persons involved in tree disputes.

While the commission would lack enforcement power, its existence as a mediating agent would give legal status to tree disputes, something City Attorney Albert Bianchi said is necessary to allow any legal recourse by the complainant.

Although most of the people who jammed the City Hall council chamber Monday were persons seeking continued city involvement in settling tree disputes, Mayor Jean Siri made it clear early that the failure of Measure E, the municipal services tax override, made continued city assistance impossible.

"This council is totally in favor of a tree ordinance," she began. "We don't have to be told or sold on the importance of one."

She added, however, that the council is "charged with balancing the budget for the citizens of this community. If it (Measure E) had passed, there would have at least been some

(Continued on Page 2)

## 'Bingo fever' strikes Richmond schools

By BARBARA ERICKSON

Richmond Unified secondary schools — faced with cutbacks in class periods, sports and — are turning toward a source of long favored by churches and centers, a game called Bingo. Richmond High, PTSAs president Ben Conchas is prepared to set bingo games once or twice a month in Veteran's Memorial Hall to

raise money for scholarships, supplies and possibly, to support a vocational education class in refrigeration.

Conchas said the hall has bingo materials to lease to the PTSAs, and about 12 parent volunteers would run the games. He does not know how much money the events would bring in.

At El Cerrito High, the American Field Service club for exchange students is planning to have a bingo special, a one-day affair, sometime in January or February. Money will go to help host families and students

with special expenses like sports uniforms, fees for extracurricular activities and travel.

If the school board approves the use of district space for bingo games, it will take place at the school, said parent Kathy Weinstein. Otherwise AFS will rent the El Cerrito Community Center.

The school board will be looking at bingo in the schools at its Nov. 17 meeting when it may adopt guidelines for the games.

Booster clubs at De Anza and Pinole Valley High Schools are looking

bingo as a way to raise money for sports. With budget cuts over the last few years, district secondary schools have lost all but the most basic sports.

Pinole Valley principal Robert Foo said bingo "is in the talking stage," and the parents are waiting for board approval to start making specific plans.

"If we get a lot of money," he said, "we would use it for individual sports." Some of the sports are funded by parents now, he said, like tennis, water polo, and swimming. Bingo

money might also help out with wrestling and badminton.

Other activities like drama and choral music would get some of the funds, Foo said.

The idea came up at the beginning of the year when Pinole Valley parents were meeting to talk about the sports program. Once the school is sure about the legality of bingo as a fund-raiser, Foo said, one parent will take over the task and set it up.

Parents in the De Anza boosters club are also looking at bingo as a way to fund sports programs. School officials, however, could not supply

(Continued on Page 2)

(Continued on Page 2)

# City urged to make 'discrimination audit'

By JUDY POLUMBAUM

ALBANY — City Attorney Robert Zweben suggested Monday that Albany conduct a "discrimination audit" to discover any hiring practices which might make the city vulnerable to discrimination suits.

During an hour-long report following Monday night's City Council meeting, Zweben also suggested that the city pay attention to improving the physical conditioning of employees in an effort to minimize workers' compensation claims and increase efficiency.

But he cautioned that a small community like Albany should not try to pioneer such a new idea — "especially when you have a city like Berkeley which wants to take the lead in so many ways," he said half-jokingly.

Albany should "go by example rather than setting an example," he advised.

Zweben's hour-long report was the latest in a series of informal presentations by city department heads.

He noted that the city's legal budget has swollen along with the overall city budget year after year, from \$2,241 in 1940 to \$40,000 by 1980.

In the 1960s, a city attorney in California had to keep tabs on about 50 cases a year that might affect municipalities, but now about 200 cases concerning municipalities are decided every six months, Zweben said.

In addition, the amount of litigation against municipalities has been mounting. Zweben acknowledged that since his city position is part-time and he has no staff, grappling with the volume and variety of cases lodged against the city is a problem. "I'm supposed to know all of it, which is a mental and physical impossibility," he said.

Some cases involving special expertise are referred to outside counsel, as are most "public liability" claims charging the city with injury or damage related to city-run services or property.

The city's vulnerability to discrimination suits has broadened considerably over the last 10-15 years with new developments in the laws and courts, he said. Judges now may find evidence of discrimination simply from employment statistics, he added.

Zweben said Albany currently faces 14 active cases concerning public liability and city actions. He said another seven cases are inactive, with plaintiffs showing little inclination to pursue them further.

Another nine lawsuits involving Proposition 13, most filed by large transport and industrial companies claiming their taxes have not been computed appropriately, also involve Albany, Zweben said.

However, most of these suits have been filed primarily against the county, naming individual cities where the firms do business, and the legal defenses are being handled by county counsel.

Decisions in the plaintiffs' favor could affect Albany by resulting in lower tax revenues, he said.

Zweben said a "distressing" trend in the courts today is the granting of sizeable amounts for attorney's fees. He said astronomical fees might go along with a nominal damage award.

Albany had this experience in a discrimination suit brought by two woman police officers, the city attorney said. Although the judge did not make an award to the plaintiffs, he ordered the city to pay \$16,000 for their legal costs.

Zweben also expressed dissatisfaction with the way workers compensation claims are handled, saying that while he considers himself a "pro-labor type of person," the workers compensation system seems to be "skewed against public employers."

The special insurance fund for workers compensation is paying out so much that in the future the city might have to consider alternative hiring practices such as short-term contracting, Zweben said.

## Catholic group aids refugees

The problems and needs of refugees, particularly the Vietnamese, will be discussed at today's meeting of the West Contra Costa

Deanery, National Council of Catholic Women.

The morning session which opens with a 10 a.m. Mass will be held at St.

Cornelius Church, Macdonald Avenue at 28th Street, Richmond.

Speaker will be Sister Elizabeth Lang, supervisor of Asian Resettlement for Catholic Charities. The goals of her department include providing transportation, locating housing, tutoring in the English language, and arranging for legal and medical services as refugees learn to adapt to the American way of life. To date, about 5,000 persons from all over the world have been helped in their resettlement by Catholic Charities.

Lucheon will be served at 12:30 p.m. Wednesday and a donation of \$1.50 is requested. The 12 affiliations of the NCCW in west Contra Costa will each be sending delegates to the meeting, but all interested persons are invited to attend. Advance reservations can be made with Joyce Miller of Richmond, 235-2740, or Mrs. Edward Valladao of Richmond, 525-7032. Mrs. Leo Gansen of El Cerrito, Deanery president, will conduct a brief business meeting.

A fall conference of the NCCW Oakland Diocesan Council will be held Saturday from 9:30 a.m. to 3 p.m. at St. Leo's Church in Oakland. "How to Become a More Effective Catholic Woman" is the theme. Mary Ann Schwab of San Francisco and Kathleen Murphy of Sacramento, representing the national office in Washington, D.C., will conduct workshops. For further details, call Mrs. Gansen, 525-0167.

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## ★ ELECTION '82

### How Albany, El Cerrito vote

(Continued from Page 1)

candidates got a smattering of votes as well.

Albany and El Cerrito election results also departed from statewide ones on several controversial initiatives, notably with Proposition 11, the bottle bill. It was defeated at the state level, but passed 4,025 to 2,329 in Albany and 6,138 to 4,756 in El Cerrito.

Proposition 13, the water conservation proposal, was defeated at the state level, but passed 3,651 to 2,271 in Albany and 5,664 to 4,261 in El Cerrito.

Proposition 15, the gun control initiative, was defeated at the state level, but passed 3,821 to 2,434 in Albany and 5,929 to 4,636 in El Cerrito.

Local voters were with the state as a whole in passing the nuclear freeze initiative, Proposition 12 (by 4,654 to

1,649 in Albany and 7,095 to 3,449 in El Cerrito) with a margin of victory in these two cities twice that of the state's 4 percent margin at the state level.

Albany and El Cerrito voters helped Treasurers Jesse Unruh back for new governor and John Van de Kamp in his successful bid for State March Fong Eu. Controller James H. D'Amato, who had been defeated in his bid for state treasurer, was defeated in his bid for state treasurer.

Albany picked a winner in the congressional district, choosing Democrat John Delliou over his Republican challenger, John H. Hough. El Cerrito went for Hough.

Congressional district, choosing Democrat John Delliou over his Republican challenger, John H. Hough.

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1,649 in Albany and 7,095 to 3,449 in El Cerrito) with a margin of victory in these two cities twice that of the state's 4 percent margin at the state level.

In a related action, the council also gave blanket approval for transfer of funds from other appropriate funds to the general fund in the black for the start of this month.

Haden predicted the city's cash flow problem will persist through November but improve in December when taxes come in. This is the "dry period," he said.

### RUSD bingo: a new school funding source

(Continued from Page 1)

any more information.

Bingo is popular in West County both with aficionados of the game, who make the rounds from night to

### TREES

(Continued from Page 1)

light at the end of the tunnel.

"We don't want to hear about your problems," she said. "We want help."

Several people expressed concern about tree obstruction, noting views represented as much at \$50,000 in property value. None, however, had an answer for the city's present financial problems, which were discussed in a study session at the end of Monday's meeting.

Cities and counties have their own bingo ordinances, most of them based on the state law. Most jurisdictions require licenses, but the cost is minimal. In Richmond the license is free; in San Pablo it costs \$50 a year or \$10 a night.

With non-profit groups, Catholic churches, senior centers, Neighborhood Houses and boys' clubs run regular bingo nights in this area.

Parent boosters in the Albany

### Council helps AHS yearbook

By JUDY POLUMBAUM

ALBANY — When City Council member Ed McManus was a high school yearbook editor in San Mateo, the yearbook staff routinely would go to their City Council each year for money, and routinely would be refused.

Then council members would dip into their pockets and come up with \$20 apiece as private donations.

McManus dredged out this memory of adolescence Monday night as Albany's City Council faced a similar request from the Albany High School Cougar Yearbook staff.

Last year the council gave \$75 to the Cougar, and it had budgeted \$100 for the same purpose this year.

McManus said he felt personal contributions from council members would be preferable to dipping into public funds, and his colleagues agreed. They passed a unanimous resolution to advise the high school editors that the city does not have sufficient funds to meet their re-

quest — with the understanding that each personally would shell out \$20 to help.

In other action Monday, the City Council

• Okayed a request by the California Federation of Women for a fund-raising

bingo four days a week during November and December.

• Gave final approval to a zoning plan to restrict the spread of offices in a mixed rezoning

block area just south of El Cerrito.

• Reappointed Ellen Zapata to the Board.

• Reappointed Stephen Radley to the view Committee.

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# Space-age hardware for Albany High kids

## School doubles size of its system

By PENELOPE KRAMER

ALBANY — Albany High School students will have an extra edge in the computer age, thanks to the school's new computer.

Using funds from several sources, the school bought a CompuPro this summer, which doubled the size of its computer system.

The new system has two terminals and can store more than 10 million bytes, or characters — the equivalent of 20 300-page novels.

Sitting at a terminal during a computer science class taught by George Fosselius, senior Landon Hancock, 17, said the new system made it possible to learn more sophisticated concepts than he could on the four rudimentary PET computers and one aging PDP-8E" the school has been using.

The old machines are "fun to bang around on," Hancock said, "but to get a long program, you need a sheet of paper."

Whether working at the terminals or at the desks creating programs, the students seemed absorbed in their work and eager to learn more.

They were also eager to describe what they were doing.

"There are four disks, and 15 user numbers," senior Howard Good explained patiently. "Because my program is on user six and the other program is on user zero, I can't seem to get it."

The students seemed perfectly at ease with the technology of the future as they typed their home-work into a word processor or designed their own computer games.

Hancock, who attended a six-week course in programming at UC-Santa Barbara last summer, said he discovered computers last year.

"I started messing around with them and I liked it," he said. "They're fun to play with — and there's lots of money to be made in the computer field."

The computer, which cost more than \$10,000, was paid for with funds from the School Site Council, the district, the PTA and special education and vocational funds. Time and equipment were also donated by CompuPro and G. & G. Engineering.

The high school's new system includes the computer, two terminals, three memory storage

units, a printer and a variety of "software" which tells the system what it can do. The software includes pre-written programs, like Wordstar (a word processor) and Supercalc (for accounting).

Students can also write their own programs in several programming languages, including the rudimentary BASIC, and the more complex Pascal and FORTRAN.

Fosselius said he hopes that within a year, the department will be able to buy a color graphics unit capable of producing patterns with bit graphics



which produce a finer resolution of the patterns. He said he wanted a unit which could print out as well as display graphics.

He said he also wanted to get more terminals so more students can spend more time at the machine.

"Our goal," he said, "is to have computer literacy for the whole high school."

In the future, computer courses also may be required for graduation. The requirement would not affect present students.

Hancock said he had had no idea what he wanted to do until he started learning about computers. Now he says he would like to major in computer programming at UC-San Diego and minor in systems analysis.

"This isn't something which will just fade away," he said.

## Is retiring hazardous?

Is retirement hazardous to your health? A free forum at Herrick Hospital and Health Center in Berkeley on Thursday, Nov. 18 from 7 to 9 p.m. will be moderated by Dr. Earl Simburg, an expert on mental health after age 55. Free parking is available.

Due to limited seating, reservations are required, so please call Herrick Hospital at 540-4490.

## Want to serve your city?

ALBANY — City Council member Edward McManus is looking for someone to appoint to the city's Civil Service Board.

McManus said the person must be civic-minded and like to play pool.

Applicants may contact the city clerk.

## EC church sets supper

EL CERRITO — Mira Vista United Church of Christ, 7075 Cutting Blvd., will have a pot-luck supper Sunday, Nov. 14, at 5:30 p.m. followed by group discussions, film strip and story.

Topics to be discussed are "What does the church have to offer that no other institution has?" and "Why do you keep coming back to church?"

## Trinity sets Baroque fete

On Saturday, Nov. 13, at 8 p.m., Trinity Chamber Concerts will present a concert of 17th century Baroque music performed by distinguished Bay Area artists Bill Renton, Baroque violin, Jean Nandi, harpsichord and George Shotts, cello.

The concert will be held in Trinity Church, 2320 Dana Street, Berkeley. A \$5 donation is requested.

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# Arts

## Comedy comes to town

Former Albany disco welcomes funny people

By GORDON RADDUE

ALBANY — A one-time disco haven will become a showcase for major comedy talent — straight from Caesar's Tahoe — when the celebrated Jim Samuels, and two other gagsters take over the Viking Lounge, 600 San Pablo Ave., for an evening of laughs Thursday, Nov. 11.

Former rock impresario Jerry Cordova's JA-JA Production Co. is presenting Samuels and fellow comics Carrie Snow and Mark Pitta on the rebound from the recent "Big Laff-Off National Finals" at the Tahoe showplace.

The 33-year-old Samuels walked off with first place in the recent seventh annual San Francisco International Stand-Up Comedy Competition, an award enthusiastically substantiated by Bay Area critics of the art.

Snow captured fifth place in the finals of the event, which were taped by Showtime for cable TV presentation. A native of Oakland, she has captured the San Francisco Cabaret Gold Award as Comedienne of the Year two years in a row.

Pitta, who also hails from Oakland, is considered one of the bright young comedy performers on the Bay Area scene. He currently is working as a touring professional in the Bay Area and elsewhere around the country.

Samuels' material ranges from outrageous political satire to humorous comments on the world around him: "The bums in this town (San Francisco) are earthquake-conscious — they all sleep in doorways."

The tripleheader comedy attraction will run from 9 p.m. to 12:30 a.m., with admission \$6, according to Cordova. The doors will open at 7:30 p.m., he added.

The Viking Lounge is operating under a new owner, Sam Deshmukh, and Cordova hopes to make it a showcase for the kind of top-notch talent that Samuels, Snow and Pitta represent.

"Albany's got an outstanding jazz club (Erle's Solano Club)," said Cordova. "Now it's got the best in comedy."

Tickets for the show can be purchased in advance at the Viking (phone 525-9902) or at the door on performance night.

Mon.-Thurs. 7:30, 9:00  
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Comedian Jim Samuels

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On Sunday, Nov. 14, Congregation Beth Israel

Hebrew School will sponsor a program of Israeli dancing beginning at 11 a.m. at 1630 Bancroft Way, in Berkeley.

Israeli dances will be taught for all levels of expertise. Music will be provided by the Hot Borscht Band featuring Jonathan Lyon and Scott Deveaux. Admission is free.

An Israeli-style lunch can be purchased for a nominal fee. For further information call 843-5246 or 525-7566.

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# Pot luck with Olga Bier

## Pass the cheese, please

No one really knows where cheese came from. Oh, you can read where cheese is recorded on stone tablets as early as 4000 B.C. (!) and how a shepherd probably left milk in a pouch out in the sun where it clabbered and thus this marvelous food was born. Believe what you wish — but count your blessings that it all happened, because cheese is simply a wonderful food.

Natural cheeses are made from milk by separating the solids (curds) from the liquids (whey) through coagulation of the milk, either by using enzymes or bacteria. Cheese has been described as concentrated fermented milk with high food value, containing almost every nutritional element needed in the human diet.

Here in the U.S. we eat approximately 18 pounds of cheese per person annually. About one fifth of our milk goes into cheese making. Statistics aside, we eat cheese because it's good and can be used in all parts of the menu with foods from apples to zucchini.

### An entertaining idea

With holidays approaching sooner than we realize, those of us with busy lives who would like to have a few friends over begin to panic about time-consuming preparations. Here's an idea — have a wine and cheese tasting.

All you need are a wine glass per person and some plates and napkins. Choose at least five kinds of cheese, with a variety of flavors from mild to sharp and textures from creamy to smooth. Our local supermarkets are doing wonderfully well to supply us with a nice selection. If you need you advice, try a cheese shop. They will be delighted to advise you and give you tasting samples. That's the fun part of planning ahead.

Then, get some crusty French bread and assorted crackers and some baskets to serve them in. Plan to serve your cheeses on plates or boards or trays, some sliced, some cubed, and some whole to be sliced by the guests.

You'll need a few knives, toothpicks, and little cards to label your cheeses. This can all be from your own kitchen or you can go all out for colorful matching paperware and use your good silver. The import shops have very good looking cheese spreaders at inexpensive prices.

### Choosing your cheese

Be sure to have a familiar cheese or two, but do try some new ones. This calls for a bit of pre-sampling. Just be sure to advise your guests to start with the mild ones and progress to the sharper flavors.

### How the pros do it

At a recent cheese tasting I attended, held by the California Cheese and Butter Association, the sampling tables were beautiful examples to copy for home events. The centerpieces on the eight tables were bouquets of white, gold and yellow flowers with fresh lacy greens, picking up the golden hues of the cheeses arranged in individual plates around the table.

Each cheese was cut or sliced and arranged on a plate, and behind each plate an uncut block of that cheese was labeled so the original form could be identified. There were baskets lined with royal blue napkins, beautifully complementing the gold and orange cheese, filled with thin slices of French bread and marvelous mini pocket-bread crackers. And then to separate each cheese plate, there were clusters of red and pale green grapes and perfect pears, accented by a bright strawberry or two. Adapting this tasteful and colorful presentation to your home would be easy.

### Consider the beverage

Shirley Sarvis, author, editor, and wine and food matching expert, passed on these hints at the tasting. "Proteins," she stated, "go well with tannin, making cheese the perfect partner to wine." She recommends red wines with the full flavored cheeses and whites for the lighter, appetizer-type cheeses. The "wet" cheeses — such as brie — are very good with burgundies or pinot noir and the dry, firm cheeses are best accompanied by a cabernet. And of course, stilton cheese and port wine are classic companions.

Generally speaking, choose an equal number of wines to go with your cheese, following this rule: the milder the cheese, the milder the wine; the sharper the cheese, the more robust the wine. Allow 1/2 pound of cheese and 1/2 bottle of wine per guest. Red wines are served at room temperature and opened an hour or so before serving. The whites should be chilled, of course.

Also, provide a pitcher of water and a waste bowl for rinsing the glass. And for those who limit their wine intake, a mineral water or fruit cider is a nice touch.

If you would like a print of the chart of cheese-wine-fruit compatibilities by the American Dairy Association, just send me the usual envelope. (These I can send promptly.)

### Some reminders

Cooking with cheese carries one major caution. As a protein, it requires low heat. Otherwise it will get tough.

### Reception set for principal

ALBANY — A community reception will be held for Albany High School's new principal Jack Marlowe and family.

The event will be Saturday, Nov. 20 from 2-4:30 p.m. at the Cornell School Library.

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and stringy. Properly wrapped, most cheese will keep in the refrigerator several weeks. With the exception of Neufchatel, most cheeses can be frozen and held up to two or three months. Freezing cheese may affect its body and texture and cause it to be mealy. If you want to freeze it, cut into small pieces. It should be tightly and securely wrapped in moisture-proof wrapping. Let cheese thaw in the refrigerator for 24 hours and serve it at room temperature. The only cheeses served cold are cottage and cream cheese.

And for those of you who want to do a little baking, here's a cheese goodie you and your family will love when

served as dessert with fresh fruit.

### Cheddar Shortbread

1 1/4 c. flour  
1/2 t. paprika  
1/2 t. coriander  
1/4 t. dry mustard  
1 cube butter  
2 c. (8 oz.) shredded Cheddar at room temperature  
1/2 c. minced nuts  
Preheat oven to 400 degrees. Combine flour, paprika, coriander and mustard. Cream butter, gradually add

cheese until well blended. Slowly beat in nuts. Place dough on lightly buttered cookie sheet and cut into 1 x 2-inch rectangle. Cut into 1 x 2-inch rectangles. Place on cookie sheet and bake 12 to 15 minutes. Remove from oven to cool. Serve with chilled fresh fruit. This dessert tidbit.

Olga Bier is a teacher, author and homemaker. Anyone with questions or suggestions for her can reach her in care of the Times Journal, 1167 Albany, 94706.

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The Folktales — Barbara Freeman (left) and Connie Regan

## Local libraries welcome the Folktales

ALBANY — An evening of stories and songs with well-known storytellers Barbara Freeman and Connie Regan (The Folktales) from North Carolina will be presented at a family concert, Friday, Nov. 12.

The 7:30 p.m. show will take place in the multi-purpose room of Marin School, 1001 Santa Fe Ave. Admission is free.

Their performance is sponsored by the Friends of the Albany and Berkeley Public Libraries, the Marin School PTA and the

Soroptimists International of Albany. The Folktales will also conduct a storytelling workshop Monday, Nov. 15, in the Young People's Room of the Berkeley Public Library, Shattuck and Kittridge at 7:30 p.m.

For more information call 644-6783.

Another family concert with the Folktales will be featured at the First Annual Bay Area Storytelling Festival, Sunday, Nov. 14, at the Fort Mason Center in San Francisco, at 7:30 p.m. For further details, call 654-7538.

## Albany's winter swim classes begin

ALBANY — Albany Pool's third session of adult swimming and water calisthenics began Monday. Interested persons may stop by the pool at 1311 Portland or call 526-7386.

Adult advanced beginner/intermediate swimming and calisthenics will be offered Monday and Wednesday noon at 2 p.m. and Monday and Wednesday evening at 7:30. Beginning swimming will be offered Monday and Wednesday evening 7:30-8:30. The physical conditioning for lap swimming class meets Tuesday and Thursday 7:30 p.m.

Parents and tots will meet Monday and Wednesday evenings from 3:30. This class is for parents and children between the ages of 4 months and 4 years.

The second session of children's lessons will begin Dec. 12. Classes will be held on Mondays and Wednesdays at 4:00-4:30 or Tuesdays and Thursdays 3:30-4:30.

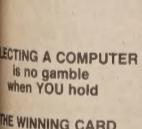
Recreational swim hours are Tuesday, Thursday and Saturday from 7:30-9:20 p.m., and Saturday from 3:00-4:50. Family night is family night and everyone under 18 must be accompanied by an adult. Price is \$1.25 for adults, \$1.00 for seniors and 75 cents for children.

Lap swimming is offered Monday through Friday 7:30 a.m. and 12:20-1 p.m.; Tuesday and Thursday noon; Monday through Thursday 5:30-6:30 p.m.; Friday 7:30; Monday and Wednesday 8:30-9:30 p.m.; Saturday 1-2 p.m. The cost is \$1.50, \$1.25 for seniors.

## EC Rec Dept. plans cruise

EL CERRITO — The City of El Cerrito Division is holding a Mexican Fiesta Cruise aboard the M/S Skysward March 19-27.

The cruise sails to Playa Del Carmen, Cancun, Cozumel and out of the Bahamas. Prices range from \$1065 per person. For details and reservations, contact Barbara Schultz-Creamer at 525-6748. She is now being taken at the El Cerrito Community Center, 7007 Moeser Lane.



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## Briefs

### Albany offers home rehabilitation loans

ALBANY — Low-interest home rehabilitation loans will soon be available, up to a maximum of \$25,000, from the city of Albany through its newly expanded Housing Conversion Program.

The interest rate is 5 percent. Monthly payments are based on the applicant's income. Payments can be deferred for some borrowers, such as senior citizens on limited incomes.

New roof, insulation, window replacement, electric or plumbing repair, exterior repainting, safety and security measures are examples of work that can be financed through the program.

Borrowers must be of low or moderate income, living in their own homes.

Call Planner Richard Pearson at 644-8543 for more information.

### Homeshare starts in EC

EL CERRITO — The El Cerrito Committee on Aging announces the start of a program in shared housing. "HomeShare" will bring together providers and seekers of housing in El Cerrito, Kensington and the Richmond Annex.

Although sponsored by the Committee on Aging, the program invites participants of all ages to sign up.

Those interested can find out more about the program by coming to the Office of Senior Services, 6401 Manila, El Cerrito (across from the Department of Motor Vehicles) on Mondays or Fridays at noon. Phone 234-7447.

For more information call 644-6783.

Another family concert with the Folktales will be featured at the First Annual Bay Area Storytelling Festival, Sunday, Nov. 14, at the Fort Mason Center in San Francisco, at 7:30 p.m.

For further details, call 654-7538.

Let us know... If your school, club or church is having an event, tell us.

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# RUSD panel: schools should observe ethnic holidays

By BARBARA ERICKSON

Richmond Unified schools need a multi-cultural calendar to observe ethnic holidays, a district coordinator and a committee at each school site to oversee human relations, according to an advisory panel studying race relations in the district.

Cy Epstein, who chairs the Human Relations Committee, gave an interim report on the panel's progress at a recent board meeting. He said a final report with specific suggestions will be ready before the December holidays.

The committee, formed last year to help promote

better race relations in the schools, has found that the district has a good policy on multi-cultural education but it has failed to carry it out in all the schools.

"So the focus is on implementing," Epstein said.

The eight-member committee has found that residential patterns and the lack of good public transportation add to "school racial groupings which can interfere with the effective promotion of human relations."

The members also agreed that the racial makeup of the district staff does not reflect the school and community populations.

To correct this, the report suggests, the district should "seek out and enlist the appearance of ethnic-group role models who can speak to students at all levels." These would include members of different professions and jobs.

A permanent human relations coordinator, the committee said, would develop and supervise activities and programs to promote racial harmony throughout the district. A committee at each school site, including parents, staff and students, would also help plan activities but also would evaluate the school's efforts and act as a consultant

in the event of racial conflict.

The report asked for a staff development program to promote human relations, a district coordinator to monitor school's progress, and districtwide activities for "systematic observance of special events" for various ethnic, racial or national groups.

Epstein said Richmond Unified — with black, Hispanic, and growing Asian populations — diversity. "We want to use it as a strength."

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GM R-1 Barrel 63-78  
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# Police beat

ALBANY  
Police report the following incidents for the week of November 7:  
• Bernard of San Francisco was stopped for a registration violation and arrested on an outstanding warrant for driving with his license suspended, and then police recovered a syringe and found in his jacket pocket, according to the police report. Bernard was charged with possession of drug paraphernalia.

An evening bomb was found in a local store turned out to be a hoax. El Cerrito informed Albany police of a phone call from a caller claiming there was a bomb in a dumpster at 77-11 Store on Solano Avenue. However, the bomb was not found. A man in the area turned up to be the phone call. The phone call was traced to James Realtor, El Cerrito, and an employee there said numerous people had access to the phone, but none were at the time of the call.

Police arrested three men on charges of possession of drugs and hypodermic syringes. Police said Elliott R. Petrow, 23, of Oakland, and Joel H. Dunn, 24, of San Francisco, found the "contraband" in their car, according to the police report. A man posted \$3,500.

## Briefs

### Sultan in art exhibit

CERRITO — On Saturday at the El Cerrito Library, Stockton Lexington Avenues, paintings by Rose Sultan will be on display Nov. 30.

Sultan is a member of the Art Association of the Richmond Art Center Workshops. Other paintings can be seen at Richmond Art Center, 12121 San Pablo Avenue.

### Preschool openings

ALBANY — The Albany Preschool, a parent cooperative, has openings for the afternoon session, which meets Monday through Friday, 1-4 p.m. The pre-kindergarten program includes cooking, crafts, water and play, science, games and outdoor play. Tuition is \$125 a week during the session. Tuition is \$125 per child. For information call Pam McKay at 525-2147.

### Bazaar to aid hospital

The 44th edition of the Children's Hospital Medical Center benefit will feature a cocktail preview Tuesday, Nov. 10 from 7 p.m. and a day sale, Wednesday, Nov. 11 (Veteran's Day) from 9 a.m. to 3 p.m. at the Oakland Auditorium, 10 - Tenth St., Oakland.

There will be thousands of handcrafted and commercial gift items for sale, along with a variety of entertainment, and a Christmas Tree Lane of hundreds of small, unique, one-of-a-kind, decorated trees will be displayed for sale. Preview tickets are \$5, \$1 on sale to seniors and children 6 and under, general admission. Wheelchair accessible.

### Like to paint on velvet?

A free class for seniors will be offered at the North Berkeley Senior Center on Tuesdays at 1 p.m. Judy Hoffman, volunteer instructor, will teach participants to paint pictures on velvet or designs on clothing, towels, table cloths and scarves. Call the Center, 644-1234, to sign up for this Berkeley activity at 101 Hearst Street.

• Chester Harris of Berkeley, Steven A. Royston of Richmond and Douglas P. Moitoza of El Cerrito were involved in a three-car accident on San Pablo Avenue just north of Brighton Avenue at about 4 p.m. Police said Harris' car struck Royston's, causing it to hit Moitoza's, which was parked, resulting in some damage to all three cars.

• A case of indecent exposure was reported by three local residents. They told police that they had been walking about half a

block from Albany High School when a bearded man of about 25 rode by on a 10-speed bicycle wearing a sweater but no pants.

• Vandals set fire to a tennis net on a court at Memorial Park.

November 6

• Gerald J. Baker, 37, of Albany, was arrested on charges of possession of hashish and marijuana. Police records said the suspect had been involved in an argument with a neighbor and had invited police into his home, where they alleg-

edly found marijuana seeds and a joint in plain view on a table and hashish nearby. Baker posted \$1,500 bail.

November 7

• An 11-year-old Berkeley boy reported the theft of his three-speed Huff bicycle, which he had left unattended and unlocked outside IFP Discounts Unlimited on San Pablo Avenue.

EL CERRITO  
Police report the following activity for the week ending November 7:

• One case of Halloween food-tampering was reported. The morning after trick-or-treating, a needle was discovered inside a Reese's peanut butter cup which had been handed out "somewhere in the North Hill area," a police spokesman said.

November 4

• A woman whose purse was grabbed by two teenagers managed to thwart the robbery by screaming. Jeannie Urquhart and Esther Lovell were at the

intersection of Lincoln and Lexington Avenues when the two young men accosted them and grabbed Urquhart's purse, but when she screamed they dropped it and ran away, according to the police report.

• Virginia Elliott of El Cerrito reported the theft of a watch and an earring worth a total of \$1,000, which disappeared "sometime since May," police said.

• A bullet was fired into Locators Realty on San Pablo Avenue sometime after office hours, leaving a broken window.

November 5

• Dale Nelson, 26, of El Cerrito was arrested on charges of resisting arrest and battery on a peace officer after a late-night altercation at San Pablo Avenue and Fairmount. Police said Nelson had been in a fight with another person and that when they approached him he kicked one officer and another young man who seemed to be casing the computer store.

November 6

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• A juvenile was arrested near Computerland on San Pablo Avenue on charges of carrying a concealed weapon. Police said he was found with a loaded .22 after they followed him and another young man who seemed to be casing the computer store.

# Liquor Barn

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Old Crow	80 Proof	1.75 Liter	\$9.98
Jim Beam	80 Proof	1.75 Liter	\$10.98
Early Times	80 Proof	750 ml	\$4.99
Jack Daniels	90 Proof	750 ml	\$7.99
Kessler	Blended Whiskey, 80 Proof	1.75 Liter	\$9.98
Coldbrook	Blended Whiskey, 80 Proof	1.75 Liter	\$8.28
Seagram's 7	80 Proof	750 ml	\$4.99
I.W. Harper	86 Proof	750 ml	\$5.99
Old Grand Dad	86 Proof	750 ml	\$6.49

## Gin & Vodka

Smirnoff Vodka	1.75 Liter	\$9.98	
Popov Vodka	1.75 Liter	\$7.68	
Kaviana	1.75 Liter	\$6.96	
Beefeater's	94.4 Proof Imported	750 ml	\$7.98
Christie's	94.4 Proof Imported	750 ml	\$6.98
Gordon's Gin	80 Proof	1.75 Liter	\$9.98

## Canadian & Irish

Seagram's Crown Royale	750 ml	\$12.98	
Canadian Club	750 ml	\$6.98	
Seagram's V.O.	750 ml	\$7.19	
Canadian Mist	1.75 Liter	\$10.98	
Walker's Canadian	1.75 Liter	\$9.28	
Canadian Hill	1.75 Liter	\$9.28	
Old Bushmill's	Irish Whisky	750 ml	\$8.99

## Rum & Tequila

Ypioca	Brazilian Rum	750 ml	\$13.98
Myer's Planters Punch		750 ml	\$7.99
Bacardi	Silver or Amber	1.75 Liter	\$9.98
Ron Rico	Silver or Amber	1.75 Liter	\$9.49
St. Elmo	Light or Dark	1.75 Liter	\$7.98
Gusano Rojo	With the Worm	750 ml	\$11.48
Jose Cuervo	Gold	750 ml	\$6.89

## Cognac & Brandy

Remy Martin V.S.O.P.	750 ml	\$18.99	
Hennessey V.S.	750 ml	\$13.95	
Courvoisier V.S.	750 ml	\$13.95	
Bisquit V.S.	750 ml	\$9.98	
Marc Roger	French Brandy	750 ml	\$5.95
Christian Brothers		750 ml	\$5.69
Korbel Brandy		750 ml	\$5.69
Fidelis Brandy		Liter	\$5.49

## Scotch

Prime Malt	Single Malt	750 ml	\$13.98
Chivas Regal	12 Year Old	750 ml	\$13.49
Scotia Royale	12 Year Old	1.75 Liter	\$16.98
Cutty Sark	86 Proof	750 ml	\$8.98
J & B Scotch	86 Proof	750 ml	\$7.98
Hedges & Butler	1.75 Liter	\$10.98	
Scoresby Scotch	1.75 Liter	\$9.98	
Dunliver Scotch	1.75 Liter	\$9.98	

## Liqueurs

Bailey's Irish Cream	750 ml	\$12.69	
Amaretto Di Saronno	750 ml	\$10.69	
Kahlua	750 ml	\$8.18	
Grand Marnier	750 ml	\$15.98	
Southern Comfort	750 ml	\$5.69	
Hiram Walker	Cranberry Liqueur	750 ml	\$5.99
Hiram Walker	Peppermint Schnapps	750 ml	\$4.99
DeKuyper	Apricot, Blackberry or Peach Brandy	750 ml	\$5.29
Chevalier	Triple Sec	750 ml	\$3.77
Chevalier	Creme De Menthe Green or White	Liter	\$4.88

The Liquor Barn Stocks Over 300 Cordials & Liqueurs.

Items and prices available at above store Wednesday, November 10, 1982 through Tuesday, November 16, 1982

Liquor Barn

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## Liquor Barn

### GRAND OPENING

The Liquor Barn's are proud to announce the opening of our newest store on Saturday, November 13th, at 2405 San Pablo Dam Road, San Pablo. Come join the fun!

## Beer Bonanza

### Amstel Light

Light Beer from Holland  
6-12 oz. Bottles

### Bohemia Ale

6-12 oz. Bottles

### Miller

6-12 oz. Bottles

### Old Milwaukee

12 oz. Bottles

## Gilbey's Vodka

1.75 Liter

**\$7.67**

## Sebastiani

Chablis, Burgundy, Rosé or Petite Chablis

4 Liter

**\$4.99**

## Old Smuggler

1.75 Liter

**\$9.99**

## Three Mountain Wines

Chablis, Burgundy, Chablis, Vin Rosé or Pink Chablis

3 Liter

**\$1.99**

## Fidelis Brandy

Fine California Brandy from one of the states largest producers

1.75 Liter

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## Ancient Age

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# Senior centers

## ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

## Special Events

Legal counseling, a free service for Albany residents of all ages. Drop in clinic will be held at the center every Wednesday night from 7 to 9 p.m.

Tickets on sale for Thanksgiving luncheon at Spenger's, Saturday, Nov. 13, at 12:30 p.m.

Legal assistance for Alameda County residents, by appointment, Wednesday, Nov. 17, at 10 a.m.

Would like to walk, but don't want to walk alone? Join the group on Monday and/or Thursday at 10 a.m. Blood pressure clinic, 1-3:30 p.m., Monday, Nov. 22.

## Transportation

Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

Taxi scrip available to Albany residents over age of 60. Price from \$4-10, depending on annual income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

## Classes/Groups

Monday: Across the Generations, 9 a.m.; painting and color workshop, 9 a.m.

Tuesday: creative widowhood, help with your future, no fee, 10 a.m.; English as a Second Language, 1 p.m.; folk & square dancing basics, all levels, 1 p.m.

Wednesday: current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m.; T'ai Chi, 1:30 p.m.

Thursday: group walking, 10-11 a.m.

Friday: chess group, 10 a.m.; community service, 10 a.m.

Saturday: Modernism in the arts, 10 a.m.

## Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

## Continuing Events

Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Singalong, Thursday, 11:30 a.m.; Bridge, Friday, noon to 3 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

## Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$12.50 per week.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

## Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. Nov. 17 and 18, Triangle Tour, Tahoe, Carson City, Sparks, \$33.50 per person double or twin occupancy, \$45, single. Nov. 29, San Francisco shopping, \$7.50. All trips depart Memorial Park.

## Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.

Nov. 10, chicken; Nov. 11, meat loaf, Nov. 12, chicken; Nov. 15, Salisbury steak; Nov. 16, fish.

## EL CERRITO

### Open House

Located at 6500 Stockton Ave., behind the library, 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m.

p.m. Lunch daily at noon.

The center will be closed Nov. 11, 12, 18, 25.

## Classes

Monday: aerobic dance class, 9 a.m.; art class, 1:30 p.m. (second Monday of every month); Tuesday: fitness, 9:30 and 10:30 a.m.; Wednesday: mild exercise, 9:30 a.m.; Thursday: fitness, 9:30 and 10:30 a.m.; Friday: bridge, 1 p.m.; Saturday: conversation, 10 a.m.; information and 10:30 a.m.; Sunday: third Thursdays, 1:30-3:15 p.m.

Friday: bingo, 1:30 p.m.

## Special events

Nov. 15, 22 and 29, hearing loss class, 10 a.m. to noon.

Nov. 15, Living with grief support group, 1 p.m.

Nov. 23, cooking for men only, 1-3 p.m.

Nov. 10, 17, law class (death laws), 2-3:30 p.m.

Nov. 24, public health nurse of senior citizens, 10 a.m.

Nov. 19, Social Security representation, 10 a.m.

## Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 700 Stockton.

Craft classes (pressed flower collages, jewelry, weaving) are taught in the morning. Afternoon program of information, music singing, sit-down exercises and bingo.

The program is co-sponsored by the El Cerrito Adult Education program.

## St. John's Center

For El Cerrito residents 60 or over, 6510 Gladys St., 7 p.m. Phone Tuesday only, 234-2797 or 234-2798. Gans at 529-1114.

The Center is part of the Richmond Adult Education program, 9 a.m.-12:30 p.m. lunch; 12:30, lectures. After lunch, group singing, sit-down exercises and bingo.

On Nov. 16, staff member Abigail about Thanksgiving and members will discuss. Lucille Granucci will be the speaker.

## Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week bingo; second week, cards and games; third week, fourth week, cards and games; fifth week, special programs.

For information call 525-6747.

## Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Hall, Gladys and Lexington Streets.

First Thursday of the month: bingo, 1 p.m.; second, cards and bingo; third, birthday observances, cards; fifth, special programs. For information call 746-2.

## Sakura Kai Club

For Japanese-speaking senior citizens. Saturdays, 1-3 p.m. at 6510 Stockton. Exercises, ceramics, "Shigin" (poetry singing) available. For information call 525-6706.

## KENSINGTON

Activity center, Thursday, 9 a.m.-12:30 p.m. at 1901 Hearst St., Berkeley. Morning meditation, Wiffle ball, table games and bridge. Special programs, singing, bridge, clothing alteration class.

First Thursday, potluck lunch. Don't pay \$1.50. For the rest of the month, hot cake and coffee is \$2.75.

On Nov. 11, horticulturist Dr. D. discuss plant care.

## EAST BAY

North Berkeley Center, 1901 Hearst St., Berkeley, 644-6077. 8 a.m. to 4:30 p.m., gift shop open at 10 a.m.

Classes in sewing, arthritis exercise, foreign languages, math, chess, senior and current events.

## Briefs

### Kensington sets fund-raising

KENSINGTON — A "Winter Craft Fair" will be held Dec. 11 and 12 at the Youth Hut, 1901 Hearst St. Crafts of all types—holiday items, pottery, needlework, weaving, gourmet foods, etc. The Hut is located at 59 Arlington ton.

Anyone wishing to obtain space or quality items should contact Paula Jennings, Ann Ongerth (524-6014) weekdays after 4 p.m.

The fair is sponsored by the Kensington PTA. The commission on sales will benefit activities of the PTA.

### Hungarian cooking classes scheduled

EL CERRITO — A class in Hungarian cooking for holiday entertaining will be from 12:30-2:30 p.m. at the El Cerrito Center.

On the agenda are wiener schnitzel, paprikas, pork stuffed cabbage rolls, meatballs, creamed celery soup, hearty leek soup, noodles, strudel and tortes.

There will be a one day workshop on Nov. 11, 10 a.m.-1 p.m. Sign up by calling 525-6748.

### Wearing local colors

KENSINGTON — The Kensington running shorts, crewneck T-shirts, and marked with a Kensington community school emblem.

Clothing will be available in adult sizes. Color of shorts and jacket is navy. The jacket blue.

To order or for price information call (524-2508) or Ann Ongerth (524-6014) days.

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CANS OF RC COLA.

To the Dealer: Your RC Cola salesman will redeem this coupon in accordance with the terms of offer stated, plus usual handling fees. Coupon is good only on the brand specified and invalid prior to Nov. 1, 1982. One coupon per transaction. To cover coupons must be shown upon request. Customer must pay any sales taxes and deposits. Cash redemption value 1/20th of 1¢.

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# Times Journal / sports

## Albany's Cougars eye first title season since 1957

This year: discipline personnel, purpose

By STEVE TADY

LBANY — The Albany High football team has been suffering from the kind of identity crisis that usually haunts small town football teams. The Cougars have not won a football championship of any kind since 1957, so residents may be shocked to find out that the Cougars are on the verge of taking the Alameda County Athletic League crown and with that, a chance to play in the Oakland Coliseum for the North Coast Section 2A football title.

The turnaround at Albany has been sparked by several factors:

A coach, Bob Hoyle, who has been at Albany for 17 years, not as a varsity football coach. A quarterback, Earl Moffett, who has the complete confidence of his coach and his coaches. A running back, Eric Elmore, who is averaging 7.8 yards a carry. And a pair of first-year backs, Lamonte Winston and Earl Moffett, who have added a sense of discipline and purpose among the players. And, oh yes, 19 other gritty football players who are to be noticed.

Albany suits up just 21 players, barring injury, for every game, but considering the number of students at Albany (700), the turnout is about average in these times depleted athletic budgets.

"We have six or seven guys going both ways. You see it around. But numbers don't make too much difference. It's the effective number of players you put out on the field," said Hoyle.

His quarterback also plays defense, a situation most coaches try to avoid. "It's a fun game, it's fun to play defense, just like it's fun to play offense. Why penalize the kid if he's good?" he said.

Most of the 1982 Cougars have been around for three years and Hoyle thinks it has helped the team. "We're better because everyone knows the system, the team game and they have made the difference. It's all the difference — nobody can. They come from all the divergent backgrounds, black, white, rich, poor, working. They respect each other," he said.

★★★★

★★★★

Albany grid coaches Earl Moffett (left) and Lamonte Wilson (right) discuss strategies with Cougar quarterback Spud Washington

Winston and Moffett have been playing football together since their Pop Warner days, and they have helped Albany get in shape for the winning season. They played at Skyline High and Merritt College in Oakland.

"These guys have seen the light. All they had before was fun. Now they see if they work hard, they can have fun and win too. Look out there, we haven't had a serious injury all year," said Winston as he surveyed his troops on the practice field.

Washington sighed heavily and concurred. "Yeah, we have run a lot more this year. But we don't get as tired during games. They have installed discipline. We want to say no, but they say yes and we do it," said the senior quarterback.

Washington is fourth in the ACAL in passing and fifth in rushing. Most quarterbacks have negative yardage in the running department, but when Spud feels the pressure, he takes off, and he won't back down from any defensive player on the field. Again, Hoyle must cringe at the sight.

Elmore is averaging almost eight yards per run, but he had a better statistical year last year when he made all-league.

"We have been playing team ball more this year. Last year, it was individual ball. The fact that I made all-league didn't help the team when it comes down to it. I didn't even start at tailback at the start of the year and I'm not sure why, but it didn't matter," he said.

Another flashy offensive performer for the Cougars has been Kenny Garrett, who is second in ACAL receiving. He has made big plays for Albany averaging almost 20 yards a catch.

Garrett notes the improvement in the team and Washington. "We work great as a unit. We know we're all going to play. Spud has been much more confident. He reads defenses real well," said Garrett.

Washington has been given the option to change the call at the line if he feels the need and this has added to his on-field confidence. "Even if I make a bad call, I feel the coaches will stick by me. The audible system has really helped me," said Washington.

## Albany needs another win for ACAL crown

By JON ROCHMIS

EL CERRITO — Harry Ells High doesn't want to do Albany any favors in the Cougars' quest to capture their first league championship since 1957, but Fallbrook Randy Enos knows it will be tough to score on East Bay's fifth-ranked (2A) team.

"They are awfully stingy," Enos said while preparing today's 3 p.m. game at El Cerrito High. "We feel we have a 110 percent performance from each of our players have a chance."

All Alameda County Athletic League games were canceled for Wednesday because Thursday is a holiday, and the league coaches, Enos said, wanted to settle the sight as quickly as possible.

Albany (4-1 in league, 6-2 overall) needs a win for the Cougars can still lose and hope San Leandro vs. Pacific, but Albany coach Bob Hoyle doesn't want to look into the championship.

"We're pointing to Ells right now," Hoyle said. "It's our main concern. Nobody around here is talking about the playoffs."

Playing two days early doesn't bother the second-year coach. "We didn't get hurt against Piedmont," he said. "In an offense like ours, injuries don't come often."

The Cougars run an option offense behind the talents of "Spud" Washington. "If the other team gangs up and dive hole, the ball will be on the outside and they'll be in trouble," Hoyle said. "Teams that run pro-sets will have a fullback and running back that take a lot of punishment. Three or four guys tackle the guy with the ball in that offense, but in our offense, one or maybe two players are the tacklers."

Enos, ever confident despite a 1-4 league record and anxious to see how tailback Travis Williams, and quarterback Reggie Glover can do against the Falcons.

"We think they can be successful," Enos said. "But it depends on how the line plays."

The Falcons will have Jesse Gurule back from an injury, which will fortify the line.

However, Hoyle said the Cougars are getting even stronger on defense. "The guys are just playing better," he said. "We still think we can play better defense."

The Cougars were able to hold down pass-happy Fremont, 26-0, last week. Hoyle said that was a result of

the team's preparedness.

"During summer, we told the kids we would learn everything we had to by the end of double-days," he said. "Most people had to change everything defensively when they played Piedmont, but we didn't have to. Piedmont was unique and they cause an awful lot of problems, but we were able to contain them."

The Cougars have scored 108 points while allowing only 59 in league. Before Friday's game, they permitted just 28 rushing and 277 passing yards all year.

— And the offense is also explosive. "Spud is probably the best athlete in the league," Enos said. "Albany's got real exciting players. But our kids are enthusiastic. We'd like to be spoilers."

In the 2A poll, De La Salle (33-20 win over St. Mary's) received all 10 first-place votes again and is ranked at the top. Arroyo (20-0 over Mt. Eden), Skyline (9-0 over Fremont) and Oakland (19-8 over Oakland Tech) are ranked second, third and fourth, while Salesian and St. Mary's are sixth and seventh.

Hayward (38-6 over Sunset), San Leandro (22-6 over Tennyson) and Castro Valley (14-13 over San Lorenzo) round out the 2A poll.

In the 4A poll, Monte Vista picked up another first-place vote but Northgate continues to lead with seven. Northgate nipped Clayton Valley 17-14 while Monte Vista ripped Livermore 17-8 last week.

Kennedy-Fremont (14-7 over Mission San Jose) and El Cerrito (7-6 over Pinole Valley) continue to hold down the third and fourth spots.

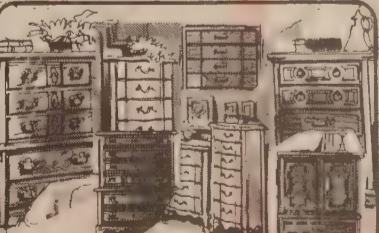
No. 5 is Ygnacio Valley, which tripped College Park, 20-16. Antioch moved up to sixth after trouncing Concord 19-16, and Clayton Valley slipped to seventh.

De Anza moved up two notches into a tie for eighth with California. The Dons pounded Richmond, 24-10, while the Grizzlies knocked off Foothill, 27-6.

Livermore was ranked 10th.

In this Friday's games, the Richmond-Berkeley Athletic League season comes to a close with Berkeley at De Anza, Kennedy at El Cerrito and Richmond at Pinole Valley. All kickoffs are at 7:30 p.m.

Saturday, the Catholic Athletic League championship will be decided as Salesian visits De La Salle at 1:30 p.m. St. Mary's will travel to play Bishop O'Dowd.

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# Churches

## ALBANY

### First Baptist Church of Albany

Worship service on Sunday begins at 11 a.m. with Pastor Alan Newlove continuing his series on "Our Walk in the Spirits" from the Book of Acts. Sunday School classes begin at 9:30 a.m. At 6 p.m. the membership class meets. At 7, there is a prayer service.

Wednesday, Nov. 10, at 7:30 p.m. the Bible study group will meet at 1138 Stannage Ave to study the Book of Revelation. Monday, Nov. 15, at 7:30 p.m. the young married couples meet at 832 Lexington Ave., El Cerrito.

The American Baptist Women's missionary meeting will be held at 10:45 a.m. on Thursday, Nov. 11 in Fellowship Hall. Following a bag lunch, Officer Larry Murdo of the Albany Police Department will speak on self-protection. Tuesday, Nov. 16, the Sharp Missionary Circle will meet at 407 Cornell Avenue, Apt 4, Albany, at 7:30 p.m.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

### St. Alban's Episcopal Church

Wednesdays at 11:30 a.m., the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands.

On Nov. 14, the 24th Sunday after Pentecost, the Rev. Russ Moore will preach. Debenham will celebrate Holy Communion, assisted by Moore and Nabil Jacob, lay reader. Those wishing to receive the laying on of hands may go to the back of the church after receiving communion.

The senior choir will sing the offertory anthem. Earl

Rogers and Leaf Williams will be ushers. A coffee hour will follow the 10 o'clock service.

The church is located at 1501 Washington Ave., Albany. Phone 525-1716.

### Albany United Methodist Church

"A Faith for Hard Times" will be the sermon topic of the Rev. Virginia Hilton at 11 a.m. on Sunday, Nov. 14. Velma Dowling, a lay leader of the church, will be worship leader.

Clay Berling continues his series on "A Christian Look at the Economic Situation" at 10 a.m.

The administrative council meets at 7:30 p.m. Thursday, Nov. 18. Jerome Blank is chairperson. All women of the church will gather at 12:30 p.m. Tuesday, Nov. 16, for a general meeting of United Methodist Women.

Regular activities of the church include: Bible study with the pastor, 7:30 p.m. Mondays; quilters' workshop, 9:30-3, Wednesdays; prayer group, 12:30-3, Wednesdays.

The church is located at 980 Stannage Ave., Albany. Phone 526-7346.

### EL CERRITO

#### Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave. Service begins at 10:30 a.m. Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the luncheon.

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Holy Communion is administered the second and fourth Sunday of each month.

Wednesday, Nov. 10, from 2:30-3:30 p.m., the children's craft class will meet. At 6:30 p.m., the confirmation class will meet.

The sewing and craft class will meet on Thursday, Nov. 11, at 9:30 a.m. in the Parish Hall, followed by a brown-bag lunch at noon. Sewing will continue after lunch.

The drawing of the handmade quilt will be raffled on Sunday, Dec. 5 at the fellowship hour after the 9:30 a.m. worship service. The winner need not be present; notification will be by telephone.

The church is located at Santa Fe and Ward in El

Cerrito; phone 525-9004 mornings.

## THOUSAND OAKS

**Northbrae Community Church**  
On Sunday, Nov. 14 at 11 a.m. the church committee will report to the congregation and also feature musical selections by David Nursery facilities are available on 12:15 a.m. in Haver Hall. A social will be held.

Church school classes begin at 11:30 a.m. through junior high.

The Forum is held at 10:10 a.m. for series of biblical studies of the role of prophecy in the life of Israel led by Rev. David.

The community dinner on Wednesday feature a Thanksgiving dinner. The program "Japan Unmasked" in a presentation. Doors open at 6; dinner begins at 6:30 p.m. adults, \$2.00 for children. Call 526-6632.

Northbrae is located at 94 the Alton welcome.

## Thousand Oaks Baptist Church

At the 10:30 a.m. worship service the Rev. Eugene Paden will bring the "Hope for a Change, Even the Women" to perform and there will be a children's program. David Chen will bring a message on the Chinese-speaking congregation at 10:30 a.m.

At 6:30 p.m. on Nov. 17, there will be dinner at the church. First Baptist Church join our church. Make reservations with 526-3773. Child care will be provided. Kid's Club for 4th through 8th Friday from 3:30 to 5 p.m. under the direction of Broughton and Jim Kennon. All young community in this age group are invited. On to 9 p.m. the church is open to families in fellowship.

The church is located at the corner of north of Solano Avenue.

## EAST BAY

**Berkeley Buddhist Priory**  
The priory recently opened at 1235 Main Santa Fe in Albany. The Prior, Rev. Eugene Paden invites the public to attend meditation services Tuesday through Sunday.

Instruction in Soto Zen meditation will be held the first Sunday of each month from 10 a.m. and includes vegetarian lunch. Classes in library are also available. For additional information call 232-139.

The priory is affiliated with Shambala Buddhist seminary and monastery in Mt. Shasta, founded by Rev. Roshi Jiyu Kennett in 1970.

## Chinese Rhinest Church

This bilingual (Cantonese and English) church welcomes the public to worship every a.m., with Sunday school classes for all ages. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: Bible study, Wednesday, 8 p.m.; Chinese language school, Saturday 9:30 a.m.; family and individual counseling by appointment. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 Madison Richmond. Phone 232-1072.

## North Congregational Church

At the regular 11 a.m. Sunday service Graham will speak on "The Relaxed Attitude" based on Hebrews 6:1-20. Assisting will be seminary intern from the Pacific School of Edward Caine who will share in the presentation.

The adult Bible study seminar meets Thursday 9:30 a.m. in the Babcock Room with the group is this quarter studying the Book of the Gospel according to Paul. This group is open to women of all ages, and welcomes new members.

The women's fellowship meets Thursday 11 a.m. for a dessert lunch and program. White will give an illustrated talk on "The Mechanics of Banking" using slides from the Plymouth Plantation sets and Plymouth, England. The group uses lap robes for use in the Veteran's Hospital and is collecting small gifts for the patients in Oakland.

On Nov. 25, the Co-Weds group will sponsor a traditional Thanksgiving dinner for young couples and single widows and widowers. Reservations are required. The group will ask anyone attending to bring a dish. Turkeys will be provided by the church.

For further information call 846-1201 or 527-3134.

The church is located at the corner of Walnut in North Berkeley. Phone 846-1201 (evenings).

## Rodeo Full Gospel Church

Interdenominational evangelistic service each Tuesday and Thursday at 7:30 p.m. 11 a.m. and 6 p.m. with Houston Murchison "The Singers for Jesus."

The church is located at 715 San Pablo Phone 235-9374 or 657-7705.

## Local poets get awards

The Ina Coolbrith Circle recently held its Annual National Poetry Day Banquet. The following local poets received prizes:

Anne Fox of El Cerrito received fifth honorable mention in the category of light of humorous verse for "Mother's Day: No Idyll Warning."

Elna Forsell Pawson of Albany received second honorable mention for "Cabrillo" in the category of California history.

Jim Williams of El Cerrito received fifth honorable mention for "two hundred twenty feet above hell" in the category of California history.

Elna Forsell Pawson of Albany received second place for "San Francisco" in the category of old San Francisco.

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**Berkeley Y sets book sale**

The Berkeley Community YWCA's Used Book Fair/Sale and Open Poetry Reading will be held from 10 a.m. to 4 p.m. Friday, Nov. 5, upstairs at 2134 Allston Way.

Maggie Meyer, of the Bay Area Poets' Coalition, will be among the readers. The public is welcome.

**Schools****RUSD dumps sex ed rule on parental OK****Board accepts PTA council's idea**

By BARBARA ERICKSON

The Richmond Unified school board, at the request of a parents group, has scrapped a policy requiring students to get parental permission to take classes of great disease or sex education.

On a 4-1 vote, with board member Goy Fuller dissenting, the panel recently loosened up requirements for parents to attend sessions on these subjects. The board voted on a recommendation by the West Contra Costa County PTA Secondary Council.

Fuller said he had initiated the more rigid policy and scrapped it because "this way we're sure parents have been notified."

He charged that the issue had been "sneaked onto the agenda without telling the general public what this is all about." Wednesday's agenda listed permission slips, he said, but did not specify what for.

He said later in the week that the PTA "wants to insure children how to perform sex without their parents knowing."

Superintendent Richard Lovette said the district backed the old policy because "we had tremendous problems at the time and we decided a negative response would not be sufficient." The requirement has caused little outcry, he said.

Fuller said parents had objected several years ago to some "atrocious programs at the

time."

Under the former policy, parents had to sign permission slips before students were allowed in class. Now students will be excused only if their parents send in notices objecting to their attendance.

State law allows districts to use either system, but it requires notice to parents in any case.

Human sexuality and venereal disease information are taught in short units within Richmond Unified regular courses. Students whose parents object are excused only while the class is studying these units, for up to two weeks at a time.

The subjects are taught in fifth and sixth grade, in junior high physical education courses, and in a variety of high school courses, including biology, sociology, and general science.

Jackie Fonken, second vice president of the PTA council, said she got involved in the issue when her own child failed to bring a permission slip home and was not allowed in class. A change in policy would save bookkeeping hours for teachers, she said, and would help students who failed to get into the units because of an oversight.

Kathy Weinstein, head of the Comprehensive Health Education Task Force, reported to the board on a survey of permission slip use. She said that last year there were 47 requests for exemptions at the fifth and sixth grade level out of 2,813 students.

At the junior high level, parents of five out of 1,330 students asked for exemptions, although 246 youngsters were excluded from class for failure to return slips. At the senior high level in 1981-82, there were three requests for exemptions out of 2,551 students involved.

**Coming up****Youth soccer clubs schedule 'big game'**

The third annual "big game" for the traditional youth football brings rivals Cal and Stanford together on the field. The teams square off Sunday, Nov. 14, at 1:30 p.m. at the Memorial Stadium a U.C.-Berkeley.

Cal currently holds the trophy which it won back from Stanford last year.

The game is the major fund raiser for local youth football clubs under the auspices of the Alameda/Contra Costa Youth Soccer League. Clubs earn one dollar for each ticket sold, and the ACCYSL receives fifty cents to help defray expenses of the game.

The \$1.50 advance tickets are sold by soccer club members and are also available at Jade Soccer Centers in Alameda, Concord, Albany and Hayward. Tickets are \$2.50 each.

A half-time drawing will be held for prizes including a game console, a bicycle and a warm-up suit and a bottle of champagne.

For further information contact John Schweizer, Alameda Soccer Club Chairperson, at 228-8400 or 526-3214 (after 6 p.m.).

The four Jade Soccer Center Locations are: Albany, San Pablo Ave., Concord, 4475 J. Treat Blvd., and 555 West Tennyson Rd.; and Oakland, 2433 Arthur Blvd.

**Player presents a world premiere**

The Berkeley Contemporary Chamber Players, led by Oly Wilson, will present the world premiere of David Greenberg's string quartet, "Breaths, Voices, Silence," during a concert on Monday, Nov. 22 at 8 p.m. in U.C. Berkeley's Hertz Hall.

The program will include Wilson's Trio for violin, cello and piano, Cursive for flute and piano by Werner Berio's Sequenza No. VIII with Ronald Ronaldson solo violin, and the Bay Area premiere of Jo Swarmer's Music of Amber.

Reserved tickets are \$3 general, \$2 student.

**Wheeler trained**

Orchestra sets concerts

Robert B. Wheeler, son of John T. and Beatrice C. Wheeler of San Bruno, has completed his training at the Marine Corps Recruit Depot, San Diego.

During the 11-week boot camp cycle, he learned basics of battlefield survival. He participated in an physical conditioning program and gained proficiency in a variety of military skills, including first-aid, marksmanship and order drill.

The program includes Stravinsky's Greeting Prelude, Strauss' Don Juan, and Brahms' Symphony No. 1.

Unreserved tickets at the door: \$3 general, \$2 student.

For additional information, phone 642-4864.

**Is Retirement Hazardous to Your Health?**

It may be, if you aren't prepared for the financial, emotional and physical changes that retirement often brings. Herrick Hospital and Health Center presents a free community forum, "Planning for a Healthy Retirement."

**Thursday, Nov. 18 from 7 to 9 p.m.**

Moderator: Earl Simburg, M.D.

For reservations, call 540-4490 a community service of Herrick Hospital and Health Center

Herrick Hospital and Health Center  
Of the East Bay  
2001 Dwight Way  
Berkeley, CA 94704

**Commonhealth sets low-cost screenings**

CommonHealthCare is a health care program designed to place responsibility for wellness in the hands of the individual.

This organization provides low-cost screening (next one set Nov. 18), risk reduction programs, health education and health promotion services.

It is located in Oakland at 116 Monecito Ave. (off Grand Avenue). A blood pressure clinic is offered the first Thursday of each month.

Some of the services offered to members include health screening and personal profile, electrocardiogram, Pap test and instructional breast examination, physical examination by a nurse practitioner, cardiac risk panel and special screening clinics for vision, hearing, podiatry, back and stroke.

The health screening and personal health profile include height, weight, blood pressure, urinalysis, stool guaiac test for rectal cancer; lung test, TB test, panel of 31 blood tests, health risk appraisal and educational result session.

To make an appointment or obtain further information, call 834-9022.

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**30" ELECTRIC RANGE**

- One 8" and three 6" "lift-lock" Calrod® surface units.
- Handy storage drawer.
- Porcelain enamel broiler pan with chrome plated rack.

REG. \$369  
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- P-7 self cleaning oven system.
- Two 6" and two 8" Calrod® surface heating units.
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\$50 CASH REBATE

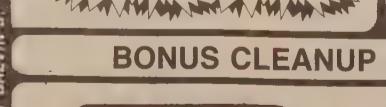
**40" DOUBLE OVEN RANGE**

- Automatic oven timer.
- 2 Storage Drawers.

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**30" GAS RANGES FROM**

**\$278**



**BONUS CLEANUP SPECIAL: Built-in Dishwashers from \$235.00**



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Only 6 mg yet rich enough to be called deluxe.  
Regular and Menthol.

Open a box today.

**Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.**

6 mg "tar," 0.6 mg nicotine av. per cigarette, by FTC method.

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**WHIRLPOOL MICROWAVE OVEN**

- Full size.
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- 60 minute timer.
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- Full power.
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- 5 cycle/option.
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**FREE 10-12 lb.**

Turkey with each Gas or

Electric Free Standing

Range or Microwave Thru

November 24.

**Sharp**

COMPACT CAROUSEL

MICROWAVE OVEN

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On Approved Credit. Combine

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# El Cerrito's Gauchos win RBAL football title

By STEVE TADY  
CERRITO — It was an all-out defensive war.

Friday night's El Cerrito-Pinole Valley game, won by the Gauchos, 7-6, will be remembered as one of the hardest hitting games in Richmond Berkeley Athletic League history.

It will also be remembered as the game that clinched the RBAL title for the Gauchos. As the gun went off, hundreds of happy fans streamed onto the field to celebrate the championship.

"You won't see a game where the hitting was harder. We expected a tough game and we got it. Both defenses played as good as they can play," said El Cerrito coach Frank Milo.

That is almost an understatement. El Cerrito limited the Pinole Valley offense to 78 yards, and still almost lost. The Gauchos foiled a two-point conversion try with just over six minutes left to seal the win.

El Cerrito went ahead in the third quarter on a 16-

yard scamper around right end by Johnny Perkins. Peter Saridis booted home the winning point.

The touchdown was set up by a Thomas Gary fumble recovery on the Spartan 26. El Cerrito fumbled the ball seven times, but only lost it once.

Pinole Valley had been shut down completely by the lightning-quick El Cerrito defense until the middle of the fourth quarter. Terence Burnham picked off a Gauchos pass and returned it to the El Cerrito 46. Steve Jojola had been unable to get more than a split second to pass, but on

the first play after the turnover, he lofted a strike to Morris Holmes down the right sideline for 42 yards and a first-and-goal at the 4.

Delon Jackson busted into the middle three times, reaching the end zone on his third attempt. The Spartan bench exploded with joy.

"We had to go for two. A tie game would have given us no chance for the title," said Pinole Valley's Jim Erickson. Jojola went back to pass and fired a ball

over the middle, but no Spartan could get his hands on it. After several deflections, the ball fell harmlessly to earth and the homecoming win had been saved.

Pinole Valley got the best of the action in the first half, holding the talented El Cerrito running game to just 46 yards. Nathan Reddick, the RBAL's leading rusher, had only 12 yards at half on nine attempts. If the Spartans had taken advantage of a short El Cerrito punt that gave them prime

field position in the first half, they would have won.

Theo Tisby hit a short pass as the Gauchos were backed up deep in their own territory and Pinole Valley took over on the El Cerrito 29.

Jackson promptly got the call on six straight occasions up the middle, and although he did move the ball to the 7, the El Cerrito defense stiffened with each attempt. Then, on fourth down, Jojola was sacked as he rolled out to the right.

Jojola became quite familiar with the El Cerrito defenders throughout the night. Blitzing freely, the Gauchos sacked Jojola six times for almost 40 yards in losses. Almost every time he went back to pass, an El Cerrito defender was in his face, or rapidly nearing it.

"We had some breakdowns on offense. We couldn't run, we couldn't pass. Their defense is so tough. We dominated the first half and couldn't score. That hurt," said Erickson.

El Cerrito's fierce pass rush was led by Charles Tubbs, who had three sacks. Gary made some outstanding hits from his outside linebacker slot, and Steve Walker also helped put heavy pressure on Jojola.

"You have to give credit to the entire defense. We put a tremendous amount of pressure on their offense. We were sending as many guys as possible when they passed," said Milo.

El Cerrito ended up with just 117 yards on offense. Burnham picked off two passes and Arnel Espiritu had another interception

## Whole Fryer Legs

with Back

lb. 49¢

## Boneless Round

Steak, Full Cut,  
Safeway Quality  
Beef

lb. 178

## Scotch Buy Flour

5 lbs.

SAVE  
30¢

SAFeway  
SPECIAL

59¢

## Blue Bonnet

Margarine,  
1-lb.

SAFeway  
SPECIAL

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SAVE  
10¢

2 \$5  
for

## Franzia Mt. Wines

Rhine, Grenache Rose;  
Chablis Blanc, Chenin Blanc,  
French Colombard or  
Cabernet Sauvignon, 1.5 liter

(Buy a Case & Save an  
additional 10% \$13.50)

2 \$5  
for

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SAVE 7 DAYS A WEEK

## Porterhouse Steak | Blade Chuck Roast

T-Bone or  
Boneless Top  
Sirloin, Safeway  
Quality Beef

\$277  
lb. 99

## Beef Back Ribs

Frozen Fresh  
Thawed  
lb. 79¢

## Foster Farms

Fresh, Whole  
Fryers,  
California  
Grown  
lb. 69¢

## Bar S

Canned  
Ham  
5-lb. 1088

## Hen Turkeys

Famous Brands,  
Armour, Valichor or  
Riverside, Broth  
Basted, Frozen (Not  
All Brands Available  
in All Stores)  
lb. 69¢

## New York Strip Steak

Boneless or Rib Eye  
Steak, Safeway Quality Beef

\$439

## Filet Mignon Steak

Safeway Quality Beef  
Made Exclusively from Beef  
Cock Dull, Not Exceed 26% Fat  
(Ground Beef Round, lb. \$2.29)

\$499

## Ground Beef Chuck

\$199

## Boneless Cross Rib

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## Smok-A-Roma

\$249

## Sockeye Salmon

\$298

## Pork Spareribs

\$150

## Turkey Wings

\$39

## Sliced Bacon

Smok-A-  
Roma  
1-lb. 149

## Farmer John

or Safeway  
Pork Sausage  
Links, Frozen  
8-oz. 69

## Hen Turkeys

Boneless Ham Halves (Safeway  
Pelite Dry Boneless Ham, lb. \$3.59)

\$69¢

## Roast, Safeway Quality Beef

\$199

## Ground Beef Chuck

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## Boneless Cross Rib

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## Smok-A-Roma

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## Sockeye Salmon

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## Pork Spareribs

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## Turkey Wings

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## Roast, Safeway Quality Beef

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## Ground Beef Chuck

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## Boneless Cross Rib

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\$199

## Smok-A-Roma

\$249

## Sockeye Salmon

\$298

## Pork Spareribs

\$150

## Turkey Wings

\$39

## Roast, Safeway Quality Beef

## E.C. Cards to face Galu Realty battle

EL CERRITO — Entrenched in fourth place in Win-Loss standings, the El Cerrito Cardinals will take a stand next Sunday's 11 a.m. game against Galu at Golden Gate Park. The Cards reached the .500 plateau last Sunday at Big where Bill Reagan fired a shutout and Phil (Fuzzy) knocked in two runs during a 4-0 triumph over New Restaurant.

Reagan struck out three and walked three while giving seven New Pisa hits. Smith, who collected three of El Cerrito's nine hits, and some Joe Souza, who was aboard on a double, in the ninth inning and delivered another RBI single in the ninth after Berlin German had walked and Souza had out his third hit of the day.

In Cerrito's other two tallies came in the sixth inning when Forbes was safe on an error and stole second, Lowesth singled for an RBI and Larry Esquivel had a run-scoring double.

## Elders get money for weatherizing

EL CERRITO — El Cerrito Senior Services hopes to reach local seniors about a zero interest loan program for home weatherization.

This program, made available by PG&E, offers "no interest" loans up to \$1,000. The loans are paid back over 50 months, and are available for six basic measures which save energy costs.

Persons interested in learning more should call Ann Goode at 526-0124 or the Senior Services office at 234-7447.

## Need a flu shot?

Influenza shots will be available at Alameda County health center for \$2 through Dec. 17.

The flu vaccine is recommended for anyone 55 years of age and older and persons of any age with chronic disease such as heart, lung and kidney problems or diabetes or severe anemia.

This year's immunization gives protection against A/Brazil, A/Bangkok and B/Singapore viruses.

For times and dates, call the county immunization coordinator at 874-6658.

## Cellist sets program

Cellist Sally Browne will present a program at the meeting of the East Bay League of the San Francisco Symphony at 10 a.m. Tuesday, Nov. 16. Alma Oberst, 708 Arlington Ave., will be hostess.

A student of Michael Granier, principal cellist of the San Francisco Symphony, Browne will give a demonstration, play some selections and answer questions.

Browne plays with the Berkeley Promenade orchestra and the orchestra of Holy Names College where she is a student. She also plays with various church groups.

## Obituaries

### John Ruedrich

EL CERRITO — John H. Ruedrich, a 30-year resident of El Cerrito, died October 23 at Brookside Hospital. He was 64.

Mr. Ruedrich, a native of Berkeley, was a graduate of University High School and served in the Civil Air Patrol.

He was a fisherman and was employed as an electronics technician with Sytron Donner until 1974.

He is survived by one brother, Walter Ruedrich of Orinda, two daughters, Camille Hunt of Kensington and Melanie Willmann

of El Cerrito, two granddaughters, Vanessa and Rebekka Hunt, and two grandsons, Zachary and Joshua Willman.

The Neptune Society handled the arrangements.

### Elvi L. Bono

EL CERRITO — Services for Elvi L. Bono, a one-time local resident, were held recently at Ellis-Olson Mortuary.

She was a student at Holy Names College where she is a student. She also plays with various church groups.

Services were officiated by the Rev. Charles Bancroft. Burial was at Sunset View Cemetery.

The family prefers that memorials be in the form of donations to the American Cancer Society, 10290 San Pablo Ave., Suite 102, El Cerrito 94530.

### Rene Valdivia

KENSINGTON — A service for Rene J. Valdivia, who died Nov. 2 in San Pablo at the age of 33, was held at Ellis Olson Mortuary last week.

Mr. Valdivia was a native of Oakland who lived in Kensington. He was a longshoreman for the Pacific Maritime Association and a member of the International Longshoremen Workers' Union Local 10 of San Francisco.

Survivors include his parents, Joel and Maria Valdivia of Kensington; two brothers, Hector Valdivia of Oakland and Mario Valdivia of Berkeley; three sisters, Ophelia Linstead of Oroville, and Irma Baldridge and Christina Valdivia, both of Richmond; and a grandmother, Josefine Perez of San Pablo.

Burial was at St. Joseph's Mausoleum.

### Briefer

## Albany Cubs will serve pancakes

The annual Cub Scout Pack 3 pancake breakfast will be held on Nov. 21 from 7:30 a.m. to 12:30 p.m. in the Cornell School Cafeteria.

There will be a door prize drawing. One prize is a turkey (not live). Cost: adults \$2, children under 10 and senior citizens over 65, \$1. With each ticket the purchaser receives a coupon for \$2 off any large type pizza at Red Vest Pizza.

## Nova Brown exhibit set

KENSINGTON — The Sculpture Studio and Gallery, 450 Colusa, Kensington will show original drawings by illustrator and wildlife artist Nova Brown.

The exhibit opens Nov. 27 and runs through December. Also on display are sculpture, bronze, terracotta, stoneware. Rake pots and weaving.

Hours are Wednesday through Saturday, 11 a.m. - 5 p.m. and some evenings during the holiday season and by appointment: 524-4905.

## New club uses video

EL CERRITO — A new Toastmasters Club which will use the video facilities of Televents Cable is being formed in El Cerrito.

The goal of this club is to give interested parties experience on both sides of the video camera.

Toastmaster is an international organization of men and women improving their speaking, listening and leadership skills in a supportive environment. Meetings are open to everyone. For further information please call 234-8919.

## Ski fair scheduled

REI Co-op will hold a Ski Fair on Saturday, Nov. 13, 10 a.m. - 5 p.m.

Planned are ski films, demonstrations and classes.

Recreational Equipment, Inc. is located at 1338 San Pablo Ave., Berkeley.

# SPECIALS

AD PRICES GOOD 7 FULL DAYS

## Emperor Grapes

Bunches of Juicy Flavor for a Perfect Lunch Time or Afternoon Snack

lb. 49¢

## Yellow Onions

U.S. #1, Great on a Hamburger or a Safeway Quality Beef Steak

8 lbs. \$1

## Bunch Spinach

Fresh and Crisp

3 for 89¢

## Centennial Yams

or Garnet

lb. 39¢

## Bell Peppers

Perfect for Stuffing

lb. 49¢

## 9-Lives

Cat Food, 6.5 ounces  
BUY 3 SAVE 29¢

## Contac Capsules

10 ct. \$1.89

## Finesse Conditioner

35¢ OFF LABEL, 11 ounces

\$1.69

## Right Guard

Bronze, 10 ounces or Anti-Perspirant Powder, 6 ounces

\$2.39

## Curity Soft Puffs

69¢

Our Newest Safeway Opens Nov. 13 at 1499 Washington Avenue in San Leandro.



SAFEWAY

## Walnuts

New Crop from California

lb. 88¢



## Green Beans

Tender Young Beans that are Excellent with Fish, Meat or Poultry

lb. 49¢

## Mums

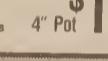
6 inch Pot 2 for \$10

lb. 39¢

## Zygo

Thanksgiving Cactus 4" Pot \$1.89

lb. 49¢



## Leaf Lettuce

Green, Red or Butter 3 for 89¢

## Pomegranates

Large Size 4 for \$1

## Persimmons

Large Size 4 for \$1

## Kiwi Fruit

from California, Tangy & Refreshing 3 for \$1

## Navel Oranges

Fresh, New Crop Oranges from California

3 lbs. 89¢

## Ruby Grapefruit

New Crop, Fresh and Juicy, from the Famous Coachella Valley

6 \$1 for

## Biscuits

Mrs. Wright's, Homestyle & Buttermilk, Refrigerated, 8 oz.

BUY 6 SAVE 78¢

6 \$1 for

## Ramen Noodles

Town House, 3 oz. (Case of 24, \$3.99)

BUY 6 SAVE 50¢

6 \$1 for

## Premium Saltines

Nabisco, 16 ounces

SAFEWAY SPECIAL  
89¢

## Crushed Wheat

Mrs. Wright's Bread, 1 1/2 lb. loaf  
SAVE 24¢ 59¢



SAVE 24¢ 59¢

Italian Style Bread Mrs. Wright's, 1 1/2 lb. loaf 79¢

Oatmeal Bread Mrs. Wright's, 1 1/2 lb. loaf 87¢

Crushed Wheat Mrs. Wright's, 1 1/2 lb. loaf 59¢

Blueberry Muffins (You Save 50¢ a pack) 6 Pack 89¢

Nature Plus Bread 1-lb. loaf (You Save 30¢ ea.) 89¢

Available at In-Store Bake Shops only.

IN-STORE BAKE SHOP

Layer Cake Black & White, Large 8 inch Two Layer Cake (You Save \$1.26 ea.) \$4.99

Gourmet Apple Pie Large 8 inch Deep Dish Pie (You Save \$1.00 ea.) \$2.19

Donuts Old Fashioned (You Save 65¢ on 5) 5 for \$1

Blueberry Muffins (You Save 50¢ a pack) \$1.29

Nature Plus Bread 1-lb. loaf (You Save 30¢ ea.) 89¢

Available at In-Store Bake Shops only.

# **TODAY'S SAFEWAY**

## **Where You Get a Little Bit More**



<b>Jimmy Dean Sausage</b>	\$1.79
Pure Pork, Regular or Hot	12 oz.
<b>Armour Golden Star Ham</b>	\$3.59
Boneless	lb.
<b>Armour Star Hot Dogs</b>	\$1.59
Meat or Beef	1-lb.
<b>Armour Star Sausage</b>	\$2.59
Polish	1-lb.
<b>Armour Star Mira-Cure</b>	\$2.19
Sliced Bacon	1-lb.
<b>Armour Star Mira-Cure</b>	\$4.37
Sliced Bacon	2-lb.
<b>Armour Beef Patties</b>	\$3.09
Frozen	1 1/2 lb.
<b>Ball Park Franks</b>	\$1.89
Meat or Beef, Hygrade	1-lb.
<b>Sizzlean Breakfast Strips</b>	\$1.69
Swift, Regular, Brown Sugar or Beef Strips	12 oz.
<b>Gallo Sliced Salami</b>	\$1.89
Italian, Dry	6 oz.
<b>Gallo Salami Chub</b>	\$3.39
Italian, Dry	13 oz.

**Eveready**  
General Purpose,  
C, 935-4 or D, 950-4      \$1.09  
4 Pack

**Mr. Coffee** Filters      200 ct. \$1.49

**Dixie Spring  
Medley**

<b>Cold Cups</b>	<b>\$2.29</b>
7 oz.	100 ct.
<b>Paper Plates</b>	<b>\$2.29</b>
7 in.	50 ct.
<b>Paper Plates</b>	<b>\$2.49</b>
9 in.	50 ct.

**Geritol** **Tablets** **40 ct.** **\$3.99**

**Efferdent** **96 ct.** **\$3.69**

A large, bold, black letter 'S' is centered on a white background. Inside the left curve of the 'S', there is a small, dark portrait of a man with a mustache, wearing a suit and tie. The portrait is slightly grainy and has a vintage feel.

	<b>C &amp; H Sugar</b>
	<b>\$3.29</b>
10 lb.	
<b>Shasta</b>	<b>\$1.49</b>
Soft Drinks, 6-12 oz. Cans	
<b>Hershey's</b>	<b>\$1.35</b>
Milk Chocolate Frosting, 16.5 oz.	
<b>Crisco Oil</b>	<b>\$1.69</b>
32 oz.	
<b>Guittard</b>	
<b>Gourmet Touch</b>	<b>\$1.69</b>
Real Chocolate Chips, 11.5 oz.	
	
	
<b>Blue Bonnet Margarine</b>	
	<b>1-lb. 49¢</b>
<b>Kraft Process Cheese</b>	
Deluxe, Slices	
	<b>12 oz. \$2.35</b>

na  
ck Wagon **\$4.99**  
10 lb.

<b>6</b>	<b>Capsules</b>	<b>\$189</b>
<b>CONTAC</b>	<b>10 ct.</b>	
	<b>Formula 44 D</b>	
	<b>Cough Syrup</b>	<b>\$465</b>
	<b>8 oz.</b>	
	<b>Formula 44</b>	
	<b>Vicks, Cough Syrup</b>	<b>\$425</b>
	<b>8 oz.</b>	
	<b>Vicks Improved</b>	<b>\$215</b>
	<b>Cough Syrup</b>	<b>3 oz.</b>
	<b>Sinutabs</b>	<b>\$225</b>
	<b>Extra Strength</b>	<b>24 ct.</b>
	<b>Baby Fresh Wipes</b>	<b>\$159</b>
		<b>40 ct.</b>

**CT**  
i-Cavity  
Treatment,  
8 oz.

**Maxithins**  
**\$299**  
30 ct.

**World Kasei**  
**er Tip** **\$109**  
able Cigarette Filter 15 ct.

**SAFETY COUPON**  
With This Coupon  
**Efferdent** **D.C.**  
96 ct.

**\$100 OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10

# Gravy Train

Dog Food

**\$479**

10 lb. Bag

	<b>Nabisco</b>	\$1.13
	Cheese Nips, 15 oz.	
<b>Planters</b>	<b>Peanuts</b>	\$1.79
Cocktail, Unsalted, 12 oz.		
<b>Shredded Wheat</b>		\$1.49
Spoon Size, Nabisco, 18 oz.		
<b>Wylers</b>		\$2.55
Drink Mixes, 8 quart	(2 quart, 13¢)	
<b>A-1 Steak Sauce</b>		\$2.99
15 oz.		

 <p><b>Mennen</b> Anti-Perspirant, Speed Stick</p> <p><b>\$2.19</b> 2.5 oz.</p>	 <p><b>Mitchum</b> Aerosol</p> <p><b>\$2.49</b> 4 oz.</p>
 <p><b>Reach</b> Toothbrush</p>	
<p><b>\$1.39</b> Each</p>	<p><b>\$2.29</b> 2.5 oz.</p>

**Sara Lee \$1.79**  
Pudding in the  
Middle Cakes  
15.5 oz.

**Holiday Harvest of Values™**

**Betty Crocker**  
Snakin' Cake, 13.5 oz.  
**Kraft Caramels**  
14 oz.

**Mix 'n Eat Cereal**  
Instant Hot Cream of Wheat, 16 oz.

**Nestles Chocolate**  
Semi-Sweet Morsels, 12 oz.

**Taster's Choice Coffee**  
Freeze Dried, Regular  
(Decaffeinated, 4 oz., \$2.93)

**Pepperidge Farms**  
Mini Milano Cookies, 7 oz.

## SAVE EVEN MORE WITH BUDGET PLEASING COUPONS FROM SAFEWAY

**SAFEWAY COUPON**  
With This Coupon  
**Secrets**  
Maximum Strength, 24 ct.  
**25¢ OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Stressstabs**  
600, With Iron or With Zinc, 60 ct.  
**\$100 OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Centrum**  
Multi-Vitamin Combo Pack, 130 ct.  
**\$100 OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Maybelline Cosmetics**  
or Skin Care Items, Each  
Choose any item  
from our selection  
**25¢ OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Vidal Sassoon**  
8 oz. or 12 oz. Shampoo or  
4 oz. Scalp Conditioner  
**50¢ OFF**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Atra Blades**  
With Free Razor, 5 ct.  
**25¢**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Duracell Battery**  
Alkaline D, 1300 BZ 2 Pack  
9 Volt, 164 B, Each AA  
1500 BZ 2 Pack or AAA  
1600 BZ 2 Pack or AAA  
KRN-2600 BZ 2 Pack  
**50¢**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Eveready Battery**  
SUPER HEAVY D & N SIZE  
PACK AA  
V-233A 4 Pack BZ 2 Pack  
C-123A 4 Pack BP 2 Pack  
C-123A 4 Pack 0  
D-1350A 4 Pack 0  
**40¢**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Eveready Battery**  
Eveready AAA E93 BP 2 Pack  
Each C E93 BPZ 2 Pack 0  
Energizer AAA E93 BP 2 Pack  
Each C E93 BPZ 2 Pack 0  
**50¢**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEWAY COUPON**  
With This Coupon  
**Eveready Battery**  
General Purpose AA 9V-BP 2 Pack  
2 Pack, D 95BP 2 Pack  
AA, 1615 BP, 4 Pack or  
9 Volt, 216 BPZ 2 Pack  
**25¢**

Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

Items and prices in this ad are available November thru November 16, 1982 at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Santa Cruz and Santa Cruz. \*Prices not effective in Vacaville or Fair Oaks. No sales to Restaurants, Dealers or Institutions. Sales quantities only.



# Consumers Mart

A DIRECTORY FOR SALES AND SERVICES

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LEON'S  
ROTOTILLING  
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## AUTOS WANTED

We Buy  
Old Junk Cars  
Top Cash. Up to  
\$65. We sell used  
parts & put on.  
American & For-  
eign. Starters, Al-  
ternators, Genera-  
tors, other parts.  
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LYONS  
DAY CARE  
0-12  
Pre-School &  
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Hot Lunches  
Albany area  
524-3314  
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## ELECTRICAL

## ALL ELECTRICAL SUPPLIES

20% to  
40%  
DISCOUNT  
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contractors  
PLAZA ELECTRIC  
527-5373  
1041 San Pablo Ave., Albany  
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- Lic. #327662
- Bonded—Insured

Roy Anacleto  
526-7555  
Since 1939

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## FIREWOOD UNLIMITED

OAK  
"The Best" etc.  
★ Guaranteed  
★ Full Cord  
★ Delivery  
415-763-1999  
526-3335 eves.

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## LITTLE BROTHER GARDENERS

- Lawn and Garden Maintenance
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Free Estimates

CAMERON MURDOCK

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Büldan  
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Catering

SPESIALIZING IN  
MIDDLE EASTERN CUISINE  
DEMONSTRATION  
COOKING CLASSES  
120 PERSON PER CLASS  
FOR MORE INFORMATION  
CALL 239-2389

## CONSTRUCTION

PROFESSIONAL  
SERVICE ONLY  
-Retaining Walls-  
-Drain Pipe-  
-Walkways-  
-Driveways-  
-Footings Slabs-  
-Small Backhoe-  
-Dump Truck & Loader  
Lic. #339398  
25 Years' Experience  
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JOHNNY'S  
GARDENING  
SERVICE  
• Landscaping  
• Maintenance  
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• Cleanup  
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EAGER  
BEAVER  
FIREWOOD  
• Oak \$165  
• Cedar \$148  
Full cord delivery  
209-928-3430

## GUTTERS

Clean  
Seal  
Repair  
724-9042

## HEATING

Air Conditioning &  
Sheet Metal Work  
• ESTABLISHED 1932  
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GRANHOLT  
Sheet Metal Works  
PHONE 525-5721  
501 San Pablo, Albany

## HOME REPAIR

HOME REPAIRS  
• Painting  
• Carpentry  
• General Repair  
• Expert Remodeling  
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Building  
VERY COMPETITIVE  
PRICES  
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RELIABLE  
TREE & TURF SERVICE

TREE CUTTING  
SOIL LAWNS • FENCING  
SPRINKLER SYSTEMS  
RETAINING WALLS  
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MONTHLY SERVICE

Free Estimate

724-3938

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LOCK  
and  
DOOR  
SERVICE  
• Security Systems  
• Dead Bolts  
Schlage \$30, Kwikset \$25  
FREE Installation  
Call  
SEAN  
524-6619

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INTERIOR  
PAINTING  
Fast & Efficient  
GRANT  
658-4817

## PET GROOMING

DOG  
GROOMING  
New Professional Dog  
Grooming Shop School  
graduate Groomer specializing in all breeds,  
no breeders used. Qualified  
and careful grooming for your pet. Expert styling.

DOGS BEST FRIEND  
526-7762  
days, eves

## SEWER SERVICE

ELECTRIC SNAKE  
DRAINS OPENED,  
PLUMBING REPAIRS,  
WATER HEATERS  
\$28.95  
SEWER  
SERVICE  
24-HOUR SERVICE  
528-1865; 524-9719, after 5pm  
547-9988 '5.00

## SPIRITUAL READERS

SPIRITUAL  
READING  
I am not a common reader. I  
do not read by cards or  
books, but through God's  
gifted spirit gift. I will help  
you in your love life, business,  
marriage, health, etc.  
WILL GIVE LUCKY DAY AND  
NUMBERS! WILL CALL  
YOUR FRIENDS AND EN-  
EMIES BY NAME WITHOUT  
ASKING A WORD!

## Jacoby on Bridge

contract?  
Now put yourself in the  
East seat for today. Your  
partner leads the deuce of  
diamonds and your ace tops  
dummy's king.

Analysis shows that your  
partner has led fourth best  
so declarer has three  
diamonds.

Review of the bidding  
indicates that South holds  
more than a minimum opening.

Count of your winners  
shows that you hold three.  
Where can a fourth winner  
come from?

If your partner holds the  
spade king a spade shift will  
be your best play. Still it  
looks as if South, who has  
nothing in diamonds or  
clubs, is likely to hold both  
top spades.

Now you can find a way to  
retain the spade option if  
South holds 5-3-3-2 distribution.  
You take your diamond  
queen and lead another dia-  
mond to force dummy to  
ruff.

Now declarer's goose is  
cooked to a turn. He has no  
trump entry to dummy any  
more. He draws your trumps  
and leads a club. You duck  
one club, take the second  
and finally lead a spade.  
Your partner's queen  
keeps the setting trick.  
(NEWSPAPER ENTERPRISE ASSN.)

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(NEWSPAPER ENTERPRISE ASSN.)

## HERCULES

2 To Choose From  
2 bdrm, 2 bath, with family  
rm, double car garage, built-in  
Valley front, 1/2 acre, \$65,000.

540-6113 ext. 517, mess.

1 bdrm, Alchison Village  
16,500, 237-1894, aff. 5  
Mon-Fri, wknds after 9am

MUST SELL, 801 Maine  
Ave. 1+ bdrms, \$38,500.  
Call Edward King, R.E.  
Broker, 236-1673.

KENSINGTON

2 To Choose From  
2 bdrm, 2 bath, basement, \$55,000.  
550-6113 ext. 517, mess.

1 bdrm, Kensington  
16,500, 237-1894, aff. 5  
Mon-Fri, wknds after 9am

MUST SELL, 801 Maine  
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PINOLE

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540-6113 ext. 517, mess.

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# Sports

## Jim Bloomer: EC's top-rated distance runner

By STEVE TADY

For a guy who doesn't care that much for the sport, El Cerrito's Jim Bloomer is awfully good at running cross-country.

A track star at El Cerrito, Bloomer wasn't too good at cross-country last year, but he has quietly turned into one of the top cross-country runners in the area this year. He will be leading his Gauchos team into the North Coast Section 3A Championship Meet this Saturday at Heather Farms in Walnut Creek.

And if he has any kind of day like the one he had at the RBAL Championships last week, the rest of the runners may as well decide on who will be given second and go home.

Bloomer stormed through the 2.6-mile course at Berkeley's Tilden Park in 13:29, leaving his closest competitor 27 seconds behind. Winning a race by maybe 50 yards is impressive enough, but when you win by almost half a minute, the competition gets humiliated.

In the upcoming 3A meet, he will get his stiffest test of the year.

"I'm going to go for it. College Park has Jim Chaney and Granada has a guy named Dave Basinger, but unless I fall asleep, I should finish in the top three. There are a bunch of guys who could pop a good one, it won't be too easy," said Bloomer.

Bloomer went out for cross-country last year, but he had a bad year. He readily admits he likes track better and hopes to make the State Meet in the mile. "I knew I could be good at cross-country, but I was not ready mentally. I was growing. I was beating myself," he said.

His coach, Paul Williams, sees a major difference in this year's version of Bloomer. "He is much more consistent. He came into the season in pretty good shape. Last year, he had such a problem keeping in a race mentally. I think he is more able to keep a focus on the leaders," said Williams.

Last weekend, Bloomer entered the Robert Louis Stevenson Invitational in Carmel and came in fourth despite a bout with migraine headaches that plagues him once or twice a year. "Yeah, it's a hereditary thing. Sometimes, it affects my training, but it's not a problem," he said.

Most people consider migraine headaches a problem, but Bloomer has apparently dealt with it, and now wants to deal with the finer things in life, like getting to the State Meet and running the mile.

"I've always liked track the best. I really want to go to the State Meet. I did four minutes in the 1500 a while ago. That works out to about a 4:19 mile. My best is 4:22 and I figure I'll need about a 4:15 or a 4:12 to make the State Meet," he said.

And after the cross-country season is over, the best part of the year comes for long distance runners. "I get to lounge around for a couple of weeks. Everyone takes off a couple of weeks. But then I start getting ready for track," he said.

Bloomer played baseball for eight years in the early part of his life and then one day while running around the school yard in sixth grade, he discovered that he was good at running. "I was too small for football and I ran pretty good when the teachers made us go around the yard. Besides, I didn't like how long baseball practice took. Practice is a lot shorter now, but it sure hurts more," said Bloomer.

And if he can hurt just enough, he will be leading the pack at the 3A Meet this Saturday. Then, if he can hurt even more, Jim Bloomer may just end up in the State Meet running the mile for El Cerrito High.

### PUBLIC NOTICE

LEGAL NOTICE A-103760  
NOTICE OF TRUSTEE'S SALE

T.S. No. 178271  
NOTICE

YOU ARE IN DEFAULT UNDER A  
DEED OF TRUST, DATED  
MARCH 9th, 1982, UNLESS YOU  
TAKE ACTION TO PROTECT  
YOUR PROPERTY. IT MAY BE  
SOLD AT A PUBLIC SALE. IF  
YOU NEED AN EXPLANATION  
OF THE NATURE OF THE PRO-  
CEEDING AGAINST YOU, YOU  
SHOULD CONTACT A LAWYER.

On December 8, 1982, at 1:00 P.M., AMERICAN SECURITIES COMPANY, as duly appointed Trustee under and pursuant to Deed of Trust recorded MARCH 16, 1982, as Instrument No. 81-039897, of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA. Executed by Pepito M. Zamboanga, A Married Man, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) On the

### PUBLIC NOTICE

LEGAL NOTICE A-103763  
NOTICE

NOTICE IS HEREBY GIVEN, that the City Council of the City of Albany has scheduled a public hearing on MONDAY, NOVEMBER 22, 1982, at 6:00 p.m., or as soon thereafter, in the Council Chambers, 1000 San Pablo Avenue, Albany, to discuss:

Assembly Bill 2740 - The Tucker Bill. This new legislation allows the City to give up its Admission Tax at Golden Gate Fields and accept a percentage of the parimutuel pool. If the City accepts a percentage of the parimutuel pool, it loses an element of local control but received \$136,000.00 in additional revenue.

Persons interested and desiring to be heard shall be present at the time and place above mentioned, or communicate in writing to the City Council prior to the meeting.

THIS NOTICE IS GIVEN PURSUANT TO THE DIRECTIONS OF THE ALBANY CITY COUNCIL. JACQUELINE L. BUCHOLZ, CITY CLERK

A-1668-November 10, 17, 24, 1982

### Walker's Pie Shop & Restaurant

1491 Solano Avenue, Albany 94744

Celebrating 18 unbeatable years of happy food & service

Fantastic  
Full-Course Dinner Only 8.25

Served 5-8 p.m.

Breakfast 8 a.m.-11 a.m. Lunch 11 a.m.-3 p.m.

Closed Sunday & Monday



COMPARE  
OUR PRICE  
WE BEAT  
THEM ALL!

HURRY! SAT. NOV. 20th LAST DAY!

DUNHILL BRAND  
STEEL BELTED RADIALS  
FOR SMALL CARS

\$27<sup>12</sup>

Size: 155SR12  
Plus: 1.41 F.E.T.



UNIROYAL

FASTRAK  
BELTED  
WHITEWALL

RADIALS

\$33<sup>90</sup>

Size: P155/80R13  
Plus: 1.44 F.E.T. each



PRICED  
TO MOVE!

SIZE  
PRICE  
F.E.T.  
SIZE  
PRICE  
F.E.T.



SPECIAL LOW PRICES  
BIG TREAD RETREADS

4 TIRES FOR \$89<sup>600-12  
615-13  
645-13  
A78-13  
600-15  
560-15</sup>

ANY SIZE listed  
(Prices plus from 37<sup>4</sup> to 57<sup>5</sup> F.E.T. ea. depending on size)

Inventory Of Sizes Varies

From Store to Store!

HURRY FOR BEST SELECTION!

APPLY TODAY

BIG O.

CREDIT  
CARD

NO ANNUAL CHARGE! IT'S FREE!

WE ALSO HONOR

VISA\*



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SEBASTIAN TREADMORE



ALAMEDA	521-7873	NAPA
ANTIOCH	757-6420	OAKLAND AT
BENICIA	745-0244	OAKLAND AT
BERKELEY	843-9633	OAKLAND AT
CONCORD	676-0900	PIXTBURG
DAVIS	753-7900	PLEASANT HILL
DUBLIN	829-1950	PLEASANTON
FAIRFIELD	429-2677	RICHMOND
FREMONT	797-4510	STAN LEANDRO
HAYWARD	786-3770	STOCKTON AT
LAFAYETTE	283-2258	STOCKTON AT
LODI	368-8851	TRACY
MANTECA	239-9591	VACAVILLE
MARTINEZ	228-6908	VALLEJO

1172 SILVERLAKE TOW.  
3500 FOOTHILL BLVD.  
810 WEST MOUNTAIN DR.  
9801 EAST 4th ST.  
1315 RAILROAD DR.  
3578 CONCORD BLVD.  
3684 WASHINGTON BLVD.  
(OFF STANLEY BLVD.) CALIF.  
12952 SAN PABLO AVE.  
2201 WASHINGTON BLVD.  
1946 PACIFIC AVE.  
44 E. CHARTER ST.  
940 CENTRAL ST.  
1130 MONTE VIEJA DR.  
3200 SONOMA BLVD.